VOCABULARY

HEALTH

1 Complete the texts with the words in the box.

|					
running	fresh	caffeine	junk	worrying	fizzy
vitamins	alcohol	relaxing	exercise		

I have a healthy life, I think. I buy lots of ¹_____ fruit and vegetables and use these to cook with. I don't like to eat ²_____ food like hamburgers or crisps and I never drink ³_____ – not even beer or wine.

I'm not as healthy as I would like to be. I work in the city and spend a lot of time ⁴_____ about my work. I don't eat very well because I don't have much time, but I make sure I get enough ⁵_____ from fruit and vegetables. I wish I could spend more time ⁶_____ at home with my family.
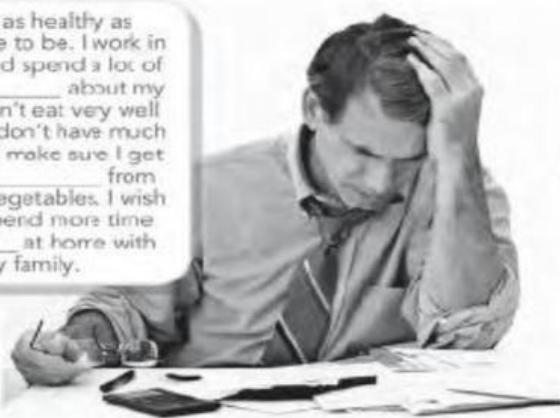
Food isn't very important to me, really. Sometimes I don't eat all day. I'm addicted to ⁷_____ though! I drink about ten cups of coffee a day and have lots of ⁸_____ drinks, too. What's really important to me is keeping fit. I go to ⁹_____ classes twice a week and at the weekend I go ¹⁰_____.
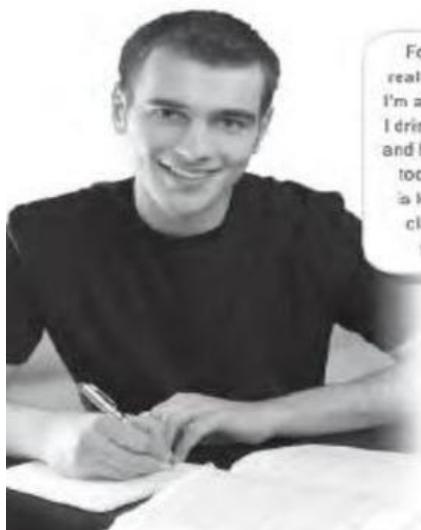
ILLNESS

1 Read the clues and complete the crossword.

M
E
D
I
C
I
N
E
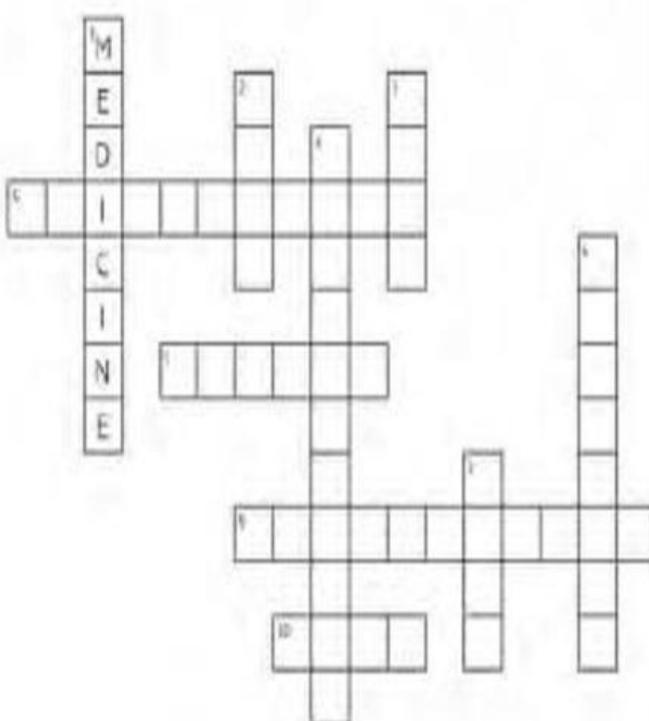
Across

5 It's very painful. I'm taking _____ .

7 She fell down the stairs and she's _____ her leg.

9 The doctor's given me some _____ to stop the infection.

10 My arm hurts. I think I need to go to the hospital for an _____ .

Down

1 We've got some _____ for your cough.

2 I don't feel well. I think I've caught a _____ .

3 I'm tired. I need to get some _____ .

4 He feels hot. He's got a high _____ .

6 My head hurts. I've got a _____ .

8 I can't speak. I've got a _____ throat.

GRAMMAR

MAY, MIGHT, WILL

3 Circle the correct option to complete the sentences.

1 **A:** What are you doing this weekend?
   B: I'm not sure. We _____ go to the seafood restaurant.
   a) may **b)** will **c)** won't

2 **A:** Will that café on Wardour Street be open tomorrow?
   B: I don't know. It _____ be.
   a) will **b)** won't **c)** might

3 **A:** I've cooked little Johnny some vegetables for tonight's dinner.
   B: Thanks, but he _____ eat them.
   a) might **b)** will **c)** won't

4 **A:** Can I try your food?
   B: Be careful. It _____ be too hot for you.
   a) may **b)** won't **c)** may not

5 **A:** Do we need to buy any ingredients for this recipe?
   B: Maybe. We _____ have enough garlic. Can you check?
   a) won't **b)** might not **c)** will

6 **A:** You know Melissa's a vegetarian, don't you?
   B: OK, I _____ cook meat.
   a) won't **b)** will **c)** may

7 **A:** Are you going to that new bar before you leave town?
   B: I don't know. I hope so, but we _____ have time.
   a) won't **b)** will **c)** may not

8 **A:** What are your predictions for food in the future?
   B: The good news is I think it _____ be more healthy.
   a) won't **b)** will **c)** might not

4 Put the words in the correct order to make six predictions about food.

1 more / eat / know / people / what / about / will / they

   People will know more about what they eat.

2 future / we / animals / the / eat / won't / in

   _____

3 eat / food / we / more / organic / may

   _____

4 might / illegal / junk / become / food

   _____

5 fatter / people / West / will / the / get / in

   _____

6 the / left / may / there / sea / not / be / in / fish / any

   _____