

GRAMMAR RACE

Work in pairs. Take turns going through the board, completing the sentences with the simple present or present continuous of the verbs in parentheses.

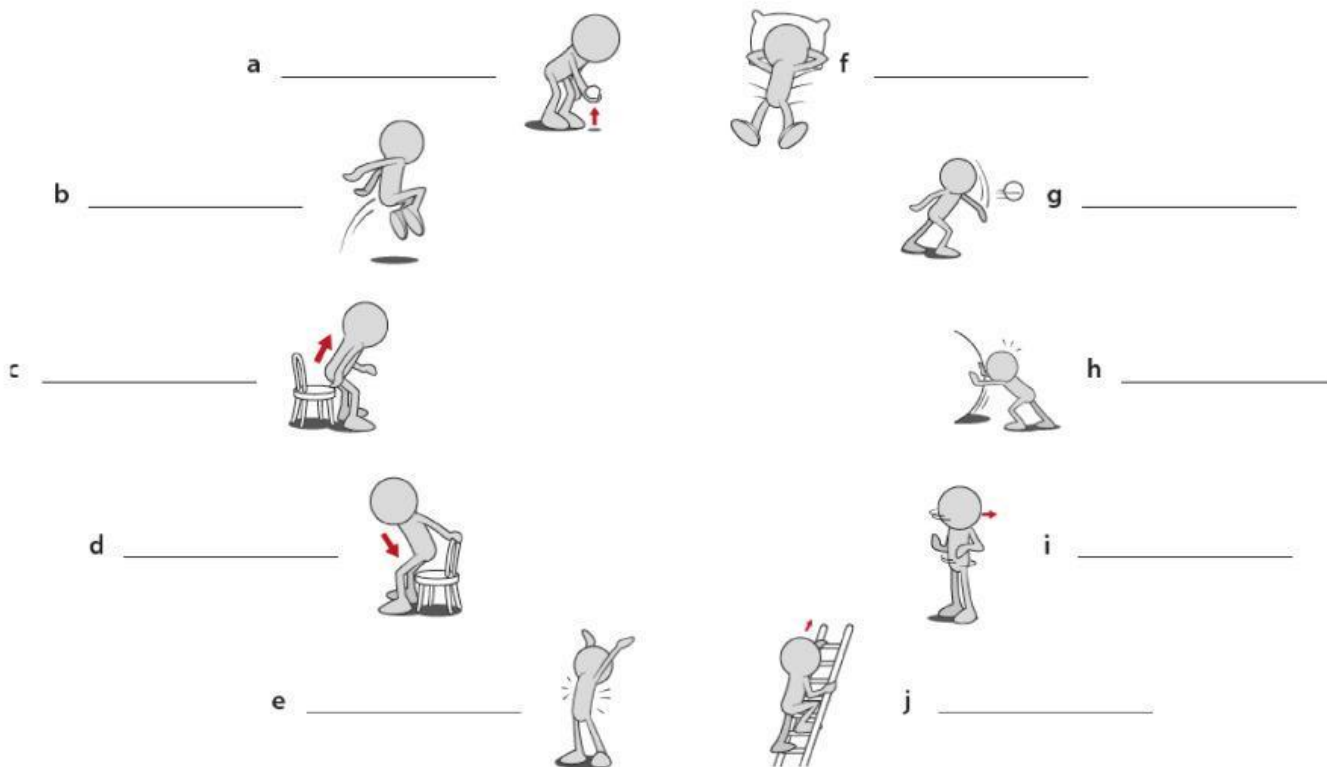
START 	Tim _____ up at 6:00 every morning. (wake)	We _____ hot in the gym now. (get)	Tom _____ he is a great player. (think)	Oh, no! My team _____! (lose)	Manuel _____ to the pool again. (go)
I _____ to the gym now. (go)	Athletes _____ a lot. (stretch)	They _____ badly today. (play)	He always _____ down after lunch. (lie)	She _____ six steps and jumps. (take)	I usually _____ to my coach. (listen)
She _____ well today. (play)	Messi _____ from Argentina. (come)	The players _____ English and Spanish. (speak)	The players _____ lunch now. (have)	Goal! Mexico _____! (win)	It _____ and there is no match. (rain)
Shhh! We _____ tennis! (watch)	I _____ about the game. (think)	My parents _____ a lot of sports on TV. (watch)	Guess what! I _____ next to Roger Federer! (sit)	I _____ golf a lot. (play)	The fans _____ a lot of noise today. (make)
Maria _____ to podcasts about sports. (listen)	They _____ to the game on the radio now. (listen)	We usually _____ the bus to the game. (take)	He _____ right now! (jump)	I _____ my coach every week. (call)	People _____ to the match now. (drive)
It _____ hot on the court now. (get)	Dima _____ he is a good player. (think)	They _____ well today. (play)	She usually _____ (win)	She _____ down now. (lie)	I _____ to a very good gym. (go)
I _____ ten miles every morning. (run)	We _____ for the fitness class. (look)	The athletes _____ now. (stretch)	She is tired and she _____ down. (lie)	Athletes _____ a lot. (practice)	FINISH 

3.2 VOCABULARY

EXERCISING

A Write the words and phrases in the box under the correct pictures.

climb	jump	lie down	lift	push
sit down	stand up	stretch	throw	turn



B Circle the correct words to complete the sentences.

- 1 Elise! *Lift / Throw* me the ball!
- 2 I'm tired. I want to *turn / lie down*.
- 3 Cats like to *climb / stretch* trees.
- 4 Let's *push / jump* into the pool.
- 5 We *jump / sit down* in class at school.
- 6 It's very heavy. I can't *stretch / lift* it.
- 7 When someone calls my name, I *turn / climb* to see who it is.
- 8 When I get up in the morning I *stretch / push* my body.
- 9 After a long day at work, I *stand up / sit down* and watch TV.
- 10 The car isn't working. Let's *throw / push* it to the side of the road.

C Write answers to the questions using the words from exercise A.

- 1 What do you do in the morning?
- 2 How do you play basketball?
- 3 What do you do in the afternoon?
- 4 What do you do at the gym?
- 5 What do you do when you come home from work?
- 6 How do you do yoga?

D Ask your partner the questions. Do you have the same answers?

What do you do in the morning?
I stand up and stretch my arms.