

My name is: _____

WORKSHEETDate:
KET

Teacher's feedbacks

Task 1: Conditional Sentences Type 1 – Choose the best answer (A, B, or C)

1. If you want to stay healthy, then _____ a good hobby for you.
 - A. eating too much fast food is
 - B. doing exercise is
 - C. watching TV all day is
2. If you enjoy calm activities, then _____ suitable for you.
 - A. meditation is
 - B. playing violent video games is
 - C. eating junk food is
3. If you have trouble relaxing after school, then _____ help you feel better.
 - A. reading horror stories will
 - B. listening to soft music will
 - C. playing online games for hours will
4. If you want to protect the environment, then _____ a good choice.
 - A. making crafts by recycling plastic is
 - B. buying a lot of new toys is
 - C. burning waste in the backyard is
5. If you don't want to gain weight, then _____ suitable for you.
 - A. sleeping all day is
 - B. eating chips every night is
 - C. doing sports regularly is

Teacher EDELIN

Task 2: Fill in the blanks with suitable phrases from the box.

lead to hypertension – be more creative – be bad for eyesight and mental health – gain knowledge – keep fit – help parents – result in obesity – fresh the mind – cause injury – save the environment – be more patient – be cleverer – relax – be more intelligent – be healthy – lead to bad learning output

1. Eating too much fast food can _____.
2. Recycling plastic bottles can help you _____.
3. Reading difficult books can make you _____ and _____.
4. Helping with the chores at home can _____.
5. Listening to calming music can _____ or simply help you _____.
6. Spending too many hours playing video games can _____.
7. Doing morning exercises helps you _____ and _____.
8. Learning to paint can make you _____.
9. Not paying attention in class may _____.
10. Playing sports without careful preparation might _____ or even _____.

Task 3: Complete sentences using the prompts below.

1. Playing sports / make / children / healthy.
2. Watching documentaries / make / students / more knowledgeable.
3. Gardening / help / people / relax.
4. Reading English books / help / me / improve vocabulary.
5. Doing housework / you / can / learn independence.
6. Painting / you / can / express your feelings.
7. Meditation / suitable for / people / who / want to reduce stress.
8. Cycling / suitable for / teenagers / who / enjoy outdoor activities.
9. Playing video games / be a bad hobby / which / waste a lot of time.
10. Swimming / be a good hobby / which / improve your health.
11. You / should / join a club to make new friends.
12. Children / shouldn't / spend too much time on smartphones.