

My name is: _____

WORKSHEET

Date: KET		Teacher's feedbacks
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Task 1: Conditional Sentences Type 1 – Choose the best answer (A, B, or C)

1. If you want to stay healthy, then _____ a good hobby for you.

A. eating too much fast food is

B. doing exercise is

C. watching TV all day is

2. If you enjoy calm activities, then _____ suitable for you.

A. meditation is

B. playing violent video games is

C. eating junk food is

3. If you have trouble relaxing after school, then _____ help you feel better.

A. reading horror stories will

B. listening to soft music will

C. playing online games for hours will

4. If you want to protect the environment, then _____ a good choice.

A. making crafts by recycling plastic is

B. buying a lot of new toys is

C. burning waste in the backyard is

5. If you don't want to gain weight, then _____ suitable for you.

A. sleeping all day is

B. eating chips every night is

C. doing sports regularly is

Teacher EDELINE

Task 2: Fill in the blanks with suitable phrases from the box.

lead to hypertension – be more creative – be bad for eyesight and mental health – gain knowledge – keep fit – help parents – result in obesity – fresh the mind – cause injury – save the environment – be more patient – be cleverer – relax – be more intelligent – be healthy – lead to bad learning output

1. Eating too much fast food can
_____.
2. Recycling plastic bottles can help you
_____.
3. Reading difficult books can make you
_____ and
_____.
4. Helping with the chores at home can
_____.
5. Listening to calming music can
_____ or simply help you
_____.
6. Spending too many hours playing video games can
_____.
7. Doing morning exercises helps you
_____ and
_____.
8. Learning to paint can make you
_____.
9. Not paying attention in class may
_____.
10. Playing sports without careful preparation might
_____ or even

Task 3: Complete sentences using the prompts below.

1. Playing sports / make / children / healthy.
2. Watching documentaries / make / students / more knowledgeable.
3. Gardening / help / people / relax.
4. Reading English books / help / me / improve vocabulary.
5. Doing housework / you / can / learn independence.
6. Painting / you / can / express your feelings.
7. Meditation / suitable for / people / who / want to reduce stress.
8. Cycling / suitable for / teenagers / who / enjoy outdoor activities.
9. Playing video games / be a bad hobby / which / waste a lot of time.
10. Swimming / be a good hobby / which / improve your health.
11. You / should / join a club to make new friends.
12. Children / shouldn't / spend too much time on smartphones.