

Vocabulary

First aid

1 Work in pairs. Discuss the questions.

- Have you ever experienced a patient with blisters?
third-degree burns?
severe bleeding?
- How should you treat them?

2 Complete each sentence with a word from the box.

apply	keep	squeeze
check for	make sure	sterilize
immerse	puncture	swab
immobilize	remove	treat

- 1 _____ a clean, sharp needle with alcohol.
- 2 _____ there is no glass or other foreign body in the wound.
- 3 Use the needle to _____ the blister.
- 4 Don't _____ burnt clothing.
- 5 _____ a main artery if necessary.
- 6 _____ the injured person lying down.
- 7 _____ the injured body part once the bleeding has stopped.
- 8 _____ the person for shock.
- 9 Don't _____ severe large burns in cold water.
- 10 _____ signs of circulation.
- 11 _____ with Iodine or rubbing alcohol.
- 12 _____ antibiotic ointment and cover with a bandage.

● Language spot

Instructions

- To tell somebody what to do, you can use the Imperative.

Check for signs of circulation.

Apply the pads to his chest.

- To tell somebody what not to do, add *Don't ...*
Don't remove burnt clothing.

- To emphasize what is important, you can use *Make sure ...*

Make sure the wound is clean.

Make sure you don't touch his body.

- When asking for instructions, you can use the Present Simple, *have to*, *shall*, and *should*.

*What **do I do** now?*

*Do I **have to immobilize** his leg?*

*Shall I **take off** the dressing now?*

*What dosage **should I give** him?*

1 Match the beginnings and endings of the sentences.

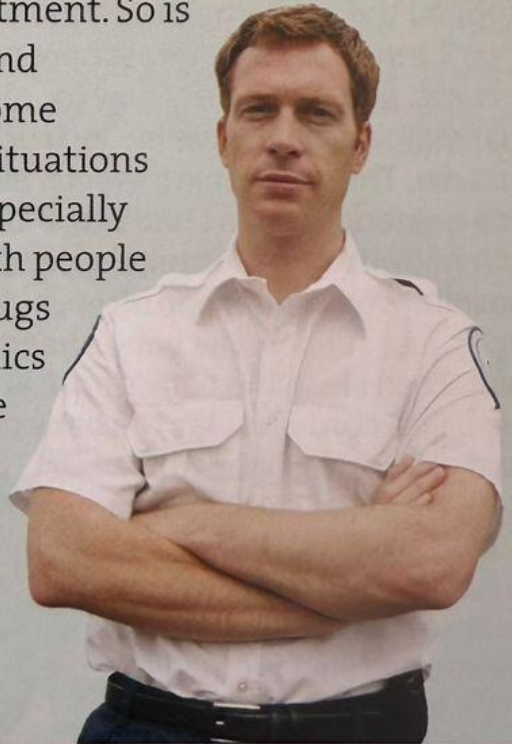
- | | |
|---------------------|---|
| 1 Check that | a I count up to between breaths? |
| 2 Make sure you | b I give her? |
| 3 What do | c have to apply the pads? |
| 4 Don't let | d the patient is breathing. |
| 5 Should I | e the patient try to stand up. |
| 6 Shall I bandage | f put the burnt area under running water? |
| 7 Don't | g the patient's pulse again. |
| 8 What dosage shall | h tie the bandage too tight! |
| 9 Take | i the wound now? |
| 10 Where do I | j use a sterile needle. |

Jeff Oliver

I'm Jeff Oliver. I'm 24 years old. I decided to become a paramedic when I saw two of them treating a driver at the scene of an accident when I was a boy.

I started as a trainee ambulance technician, and trained for two and a half years to become a qualified paramedic. Now I administer life-saving procedures myself. It's part of my everyday work to defibrillate the heart of a cardiac arrest, to apply splints to limbs and dress wounds, and to set up drips.

I have to make quick decisions – it's an important part of giving emergency treatment. So is communicating clearly and keeping a clear head in some difficult situations. And situations are often *very* difficult, especially when we have to deal with people under the influence of drugs and alcohol. But paramedics don't think twice – we are always first at the scene when there is a suicide, a road accident, or a fire. When you save a life, it's the best job in the world.



2 Join these word combinations used in the text.

- | | |
|-------------|-------------------------|
| 1 become | a a life |
| 2 deal with | b as a trainee |
| 3 give | c a qualified paramedic |
| 4 make | d treatment |
| 5 save | e people |
| 6 start | f decisions |

3 Would you like to do Jeff's job?