

2



Listen and chant.



Get up early,
Yawn, yawn, yawn.
Have your breakfast,
Crunch, crunch, crunch,
Brush your teeth,
Brush, brush, brush.

Go to school,
Run, run, run.
Have some lunch,
Munch, munch, munch.
Go out and play,
Hip, hip hooray!



10 Daily routines