Complete the text with the verb + *-ing* or the infinitive with *to*. Sometimes both options are possible.

We can't help (1) _____ (smile) when the people around us smile. And when we see our friends laugh, it makes us want (2) _____ (laugh), too. It's almost impossible to avoid (3) _____ (share) the feelings of the people around us. But this doesn't stop with being happy, sad, angry, or afraid. It affects us physically, too! Our own body temperature actually begins (4) _____ (drop) when we watch someone put their hand in ice water.

Why are we able to feel the emotions of the people around us? Humans need (5) _____ (understand) each other well because we spend a lot of time working together. When we don't manage (6) _____ (get along), we may start (7) _____ (fight)—and that's bad for everyone.

LIVEWORKSHEETS