

Complete the text with the verb + *-ing* or the infinitive with *to*. Sometimes both options are possible.

We can't help (1) \_\_\_\_\_ (smile) when the people around us smile. And when we see our friends laugh, it makes us want (2) \_\_\_\_\_ (laugh), too. It's almost impossible to avoid (3) \_\_\_\_\_ (share) the feelings of the people around us. But this doesn't stop with being happy, sad, angry, or afraid. It affects us physically, too! Our own body temperature actually begins (4) \_\_\_\_\_ (drop) when we watch someone put their hand in ice water.

Why are we able to feel the emotions of the people around us? Humans need (5) \_\_\_\_\_ (understand) each other well because we spend a lot of time working together. When we don't manage (6) \_\_\_\_\_ (get along), we may start (7) \_\_\_\_\_ (fight)—and that's bad for everyone.