Writing Activity

2. Look at the visual and write down four sentences about William's daily routine using frequency adverbs. (K.E7.2.W1)

Always | Usually | Often | Sometimes | Rarely | Never








a. .....

b. .....

c. .....

d. .....

Listening Activity

3. Listen to Emily's speech and fill in the blanks. (K.E7.2.L1) (Tapescript 7.2.1)



Hi, I'm Emily. I am 14 years old. I (1) ..... wake up early in the mornings because I like starting my day with some exercise. I always go to school on foot. After school, I (2) ..... play volleyball with my friends. I also love swimming, so I go to the pool twice a week. I wear my swimsuit and use my goggles when I swim.

On Saturdays, I train at the tennis club. I use my racket and hit the ball many times to improve my skills. My coach (3) ..... helps me and gives me advice. I sometimes take part in matches. I (4) ..... eat fast food because I want to stay healthy. I also enjoy cycling in the countryside on Sundays. I wear my helmet for safety. Sometimes, my little brother joins me. We like racing, but he (5) ..... beats me! In the evenings, I always do my homework on time, and I (6) ..... go to bed late because I need energy for my sports.

5. Answer the questions about yourself. (K.E7.2.SP1)

a. Which sports are you interested in?

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b. What equipment do you need for your favorite sport?

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c. Which team do you support?

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d. How often do you do sports?

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e. How often do you eat healthy food?

.....

f. Who is his favourite sportsperson?

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LIVEWORKSHEETS