

A. To describe how people around the world enjoy leisure time.
B. To explain why free time is unimportant for a healthy lifestyle.
C. To compare different kinds of jobs in various countries.
D. To show that modern life is too stressful for people.

2. What can be inferred about leisure activities in Vietnam?
A. They are often done alone.
B. They mostly take place indoors.
C. They are simple and family-oriented.
D. They require expensive equipment.

3. Which of the following is TRUE according to the passage?
A. Teenagers in the U.S. often spend weekends hiking or camping.
B. People in Japan dislike group activities after work.
C. Australians usually stay at home on weekends.
D. Vietnamese people rarely exercise in the morning.

4. The word “**vital**” in paragraph 1 is CLOSEST in meaning to _____.
A. important B. ordinary C. relaxing D. convenient

5. The word “**productive**” in the last paragraph is OPPOSITE in meaning to _____.
A. lazy B. active C. careful D. hopeful

6. According to the passage, what is one benefit of having leisure time?
A. It helps people earn more money.
B. It allows the brain to rest and promotes creativity.
C. It encourages people to work longer hours.
D. It reduces the need for social relationships.

Passage 3

DISCOVERING YOUR PASSION AS A TEENAGER

For many teenagers, finding out what they truly love doing can be both exciting and confusing. Some teens already know they want to become doctors, artists, or athletes, while others are still trying to figure out what makes them happy. The teenage years are the perfect time to explore different hobbies, interests, and talents. Trying new activities helps teenagers learn more about themselves. For example, joining a school club, volunteering, or learning an instrument can open new opportunities. Even small experiences, such as helping at a community event or creating content online, can develop skills that will be useful later in life. What matters most is **curiosity** — the willingness to try and learn something new.

However, many teenagers feel pressure from parents or friends to follow a “safe” path instead of pursuing what they enjoy. This pressure can cause stress or make them lose motivation. It’s important to remember that discovering one’s passion takes time and patience. Nobody needs to have everything figured out at sixteen.

In the end, what defines a happy teenager is not perfection but progress. Finding joy in the learning process, rather than worrying about the destination, is what helps teens grow into confident, creative, and **independent** adults.

(Source: Adapted from Teen Vogue & Psychology for Students)

1. What is the main idea of the passage?
A. Every teenager must decide on a career early when growing.
B. Teenagers should explore their interests to find their passion.
C. Parents should choose hobbies and passions for their children.
D. Teenagers should avoid changing their goals too often.

2. According to the passage, what helps teenagers learn more about themselves?
A. Spending time only on schoolwork after school.
B. Joining different activities and trying new experiences.
C. Following exactly what their friends do.
D. Avoiding any unfamiliar situations to avoid risks and challenges.

3. What can be inferred from paragraph 3?
A. Parents always know what’s best for their children.