

C. You should consult a doctor before starting any new exercise routine.  
D. Therefore, everyone should try to exercise at least 30 minutes a day.

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**Question 131: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

To maintain a balanced diet, it's important to eat a variety of foods. \_\_\_\_\_

- a. Remember to drink plenty of water throughout the day.
- b. Include fruits and vegetables in your meals, as they provide essential vitamins.
- c. Avoid processed foods and try to cook at home as much as possible.

- A. b-c-a
- B. a-c-b
- C. c-b-a
- D. b-a-c

**Question 132: Choose the sentence that you can end the text (in Question 131) most appropriately.**

- A. Additionally, eating smaller portions can help you manage your weight.
- B. Eating a balanced diet will improve your overall health and well-being.
- C. Finally, don't forget to treat yourself occasionally, but in moderation.
- D. Eating healthy doesn't have to be difficult; it just takes a bit of planning.

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**Question 133: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

Anna: I've been feeling tired lately.

John: Maybe you're not getting enough sleep. \_\_\_\_\_

- a. John: Also, make sure you're eating a healthy diet and drinking plenty of water.
- b. Anna: That's true. I've been staying up late working on a project.
- c. John: You should try going to bed earlier to see if that helps.

- A. c-b-a
- B. b-a-c
- C. a-c-b
- D. c-a-b

**Question 134: Choose the sentence that you can end the text (in Question 01) most appropriately.**

- A. Anna: Thanks, John. I'll try to get more rest and eat better.
- B. Anna: I guess I'll have to finish my project first before I can rest.
- C. John: Remember, health is more important than work.
- D. John: Let me know if you need any more advice.

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**Question 135:** Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Getting enough sleep is crucial for your overall health. \_\_\_\_\_

- a. Lack of sleep can lead to various health problems, including obesity and heart disease.
- b. It also helps improve your memory and concentration.
- c. Additionally, good sleep can boost your immune system and help you fight off illnesses.

- A. c-a-b
- B. b-a-c
- C. a-c-b
- D. b-c-a

**Question 136: Choose the sentence that you can end the text (in Question 135) most appropriately.**

- A. Therefore, it's important to establish a regular sleep schedule.
- B. You should aim to get at least 7-8 hours of sleep each night.
- C. Don't forget that good sleep habits contribute to a healthy lifestyle.
- D. A good night's sleep is just as important as a healthy diet and exercise.

**Question 137: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

He is a famous singer known for his strong voice. \_\_\_\_\_

- A. Since then, he has released many popular albums and performed in sold-out concerts around the world.

- B. His first album reached the top of the charts and made him known internationally.

- C. He started his career by singing in local clubs before signing with a big record company.

- A. a-b-c
- B. c-b-a
- C. b-c-a
- D. a-c-b

**Question 138: Choose the sentence that you can end the text (in Question 137) most appropriately.**

- A. Now, his music continues to inspire and attract listeners worldwide.

- B. He is still a leading star in the music world.

- C. His love for music shows in every song he makes.

- D. Fans are excited for his next album and upcoming tour.

**Question 139: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

Energy is essential for our daily lives. However, not all forms of energy are sustainable.

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- a. Therefore, using renewable sources like wind and solar power can help reduce environmental impact.
- b. On the other hand, fossil fuels like coal and oil are limited and cause pollution.
- c. Firstly, renewable energy is better for the planet because it doesn't produce harmful emissions.

- A. c-b-a
- B. b-c-a
- C. a-b-c
- D. b-a-c

**Question 140:**

Choose the sentence that you can end the text (in Question 139) most appropriately.

- A. This is why renewable energy is becoming more popular worldwide.
- B. So, people should continue using fossil fuels for energy.
- C. We need to explore new ways to produce energy.
- D. Finally, renewable energy is the future.

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**Question 141: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

Solar energy is becoming more popular. Moreover, it's a clean source of power. \_\_\_\_\_

- a. Secondly, solar panels can be installed on rooftops to generate electricity for homes.
- b. Initially, people were unsure about the cost of solar energy, but prices have decreased.
- c. Additionally, using solar energy helps reduce electricity bills.

- A. b-a-c
- B. a-c-b
- C. c-b-a
- D. b-c-a

**Question 142: Choose the sentence that you can end the text (in Question 141) most appropriately.**

- A. As a result, many people are now investing in solar panels.
- B. People need to find other ways to save on electricity.
- C. Finally, solar energy is only useful in some regions.
- D. More people should consider using fossil fuels instead.

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**Question 143: Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

Wind power is another form of renewable energy. Nevertheless, it requires specific conditions to be effective. \_\_\_\_\_

- a. Therefore, it's important to build wind farms in windy areas to maximize energy production.