

**5 3D** Complete the text with the correct forms of *used to* or *would* and the verbs in brackets. Sometimes both forms are correct. Where neither is possible, use the Past Simple.



When I was in my teens, I <sup>1</sup>didn't use to like (not like) any sports. I <sup>2</sup> \_\_\_\_\_ (often/watch) football league shows on TV with my friends but that was it. My favourite form of 'exercise' was playing video games.

I <sup>3</sup> \_\_\_\_\_ (spend) hours on my computer every day, which made my parents mad. They <sup>4</sup> \_\_\_\_\_ (think) that I really needed to take up a sport to be fitter. Everything changed once I <sup>5</sup> \_\_\_\_\_ (fall) in love with Cori, who was a big fan of CrossFit. I wanted to impress her so I <sup>6</sup> \_\_\_\_\_ (start) doing it, too. At first, I <sup>7</sup> \_\_\_\_\_ (go) to the club once a week but then CrossFit (and Cori) <sup>8</sup> \_\_\_\_\_ (become) my healthy obsession. Now I work out four times a week, and I'm still going out with Cori.

