

# 1 Wake up your senses!

## LISTENING

### 1.3 Listen to the podcast. What is the presenter's aim?

- A to show listeners how to test their sense of taste
- B to compare his sense of taste with the average person
- C to give information about a special category of people

### 1.4 Listen again and complete the sentences with a word or a short phrase in each gap.

**E F S W**

## A science podcast

The first podcast in the series on senses talked about <sup>1</sup>.....

Supertasters have more <sup>2</sup>..... for processing taste than an average person.

The presenter was surprised that being a supertaster can <sup>3</sup>..... your diet.

Approximately a <sup>4</sup>..... of the population are supertasters.

People tend to lose their sense of taste and smell after the age of <sup>5</sup>.....

The majority of people don't understand that the nose and mouth are both needed to produce a <sup>6</sup>..... variety of tastes.

The 350 receptors in the nose work by detecting the <sup>7</sup>..... structure in the smell of what we eat.

It is estimated that human beings can distinguish up to <sup>8</sup>..... different smells.

Many people from the Science for Life office <sup>9</sup>.....

The presenter was disappointed to have <sup>10</sup>..... result in a taste test.

## Extend

### Match these adjectives with the types of food (A-D). There's one extra word you do not need.

bitter salty savoury sour sweet

A



B



C



D



### Choose the correct words to complete the sentences (1-5).

- 1 Any non-sweet food can be called salty / savoury.
- 2 Food with a lot of or too much flavour is described as great / strong.
- 3 An apple without much flavour can be called watery / fruity.
- 4 Dishes with a lot of chillies can be called spicy or burning / hot.
- 5 Someone who refuses to eat many types of food is called a bossy / fussy eater.

### Choose the correct words to complete the text.

## A matter of taste

I have an identical twin sister, but we couldn't be more different when it comes to food. She loves cakes and biscuits whereas I don't eat many 'sweet / savoury things. She's definitely a milk chocolate fan, but I prefer the 'fruity / bitter flavour of dark chocolate. It's the same with coffee: mine is <sup>3</sup>strong / sour and full of flavour, hers is all <sup>4</sup>salty / watery. And she never wants to eat my curry! I love chillies so it's much too <sup>5</sup>fussy / spicy for her, but for me, the <sup>6</sup>hotter / bigger, the better!