

1 Wake up your senses!

LISTENING

1.3 Listen to the podcast. What is the presenter's aim?

- A to show listeners how to test their sense of taste
- B to compare his sense of taste with the average person
- C to give information about a special category of people

1.4 Listen again and complete the sentences with a word or a short phrase in each gap.

EF SW

A science podcast

- The first podcast in the series on senses talked about ¹.....
- Supertasters have more ²..... for processing taste than an average person.
- The presenter was surprised that being a supertaster can ³..... your diet.
- Approximately a ⁴..... of the population are supertasters.
- People tend to lose their sense of taste and smell after the age of ⁵.....
- The majority of people don't understand that the nose and mouth are both needed to produce a ⁶..... variety of tastes.
- The 350 receptors in the nose work by detecting the ⁷..... structure in the smell of what we eat.
- It is estimated that human beings can distinguish up to ⁸..... different smells.
- Many people from the Science for Life office ⁹.....
- The presenter was disappointed to have ¹⁰..... result in a taste test.

Extend

Match these adjectives with the types of food (A-D). There's one extra word you do not need.

bitter salty savoury sour sweet



Choose the correct words to complete the sentences (1-5).

- 1 Any non-sweet food can be called **salty / savoury**.
- 2 Food with a lot of or too much flavour is described as **great / strong**.
- 3 An apple without much flavour can be called **watery / fruity**.
- 4 Dishes with a lot of chillies can be called **spicy or burning / hot**.
- 5 Someone who refuses to eat many types of food is called a **bossy / fussy** eater.

Choose the correct words to complete the text.

A matter of taste

I have an identical twin sister, but we couldn't be more different when it comes to food. She loves cakes and biscuits whereas I don't eat many ¹**sweet / savoury** things. She's definitely a milk chocolate fan, but I prefer the ²**fruity / bitter** flavour of dark chocolate. It's the same with coffee: mine is ³**strong / sour** and full of flavour, hers is all ⁴**salty / watery**. And she never wants to eat my curry! I love chillies so it's much too ⁵**fussy / spicy** for her, but for me, the ⁶**hotter / bigger**, the better!