LISTENING

1 1.3 Listen to the podcast. What is the presenter's aim?

A to show listeners how to test their sense of taste
B to compare his sense of taste with the average person
C to give information about a special category of people

2 1.4 Listen again and complete the sentences with a word or a short phrase in each gap.

EFSW

A science podcast

- The first podcast in the series on senses talked about [1] .....
- Supertasters have more [2] ..... for processing taste than an average person.
- The presenter was surprised that being a supertaster can [3] ..... your diet.
- Approximately a [4] ..... of the population are supertasters.
- People tend to lose their sense of taste and smell after the age of [5] ..... .
- The majority of people don't understand that the nose and mouth are both needed to produce a [6] ..... variety of tastes.
- The 350 receptors in the nose work by detecting the [7] ..... structure in the smell of what we eat.
- It is estimated that human beings can distinguish up to [8] ..... different smells.
- Many people from the Science for Life office [9] ..... .
- The presenter was disappointed to have [10] ..... result in a taste test.

Extend

3 Match these adjectives with the types of food (A–D). There's one extra word you do not need.

bitter salty savoury sour sweet



4 Choose the correct words to complete the sentences (1–5).

1 Any non-sweet food can be called **salty** / **savoury**.
2 Food with a lot of or too much flavour is described as **great** / **strong**.
3 An apple without much flavour can be called **watery** / **fruity**.
4 Dishes with a lot of chillies can be called spicy or **burning** / **hot**.
5 Someone who refuses to eat many types of food is called a **bossy** / **fussy** eater.

5 Choose the correct words to complete the text.

A matter *of taste*

I have an identical twin sister, but we couldn't be more different when it comes to food. She loves cakes and biscuits whereas I don't eat many [1]**sweet** / **savoury** things. She's definitely a milk chocolate fan, but I prefer the [2]**fruity** / **bitter** flavour of dark chocolate. It's the same with coffee: mine is [3]**strong** / **sour** and full of flavour, hers is all [4]**salty** / **watery**. And she never wants to eat my curry! I love chillies so it's much too [5]**fussy** / **spicy** for her, but for me, the [6]**hotter** / **bigger**, the better!

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LIVEWORKSHEETS