



6.1

VOCABULARY**Sickness and health**

I can talk about health problems.

1 Match the words below with the descriptions.

asthma food poisoning hay fever infection
injury insomnia migraine travel sickness

- 1 My head hurts, I have a pain behind my eyes and I feel sick. **migraine**
- 2 I cut my hand yesterday. Now it's red and feels hot. _____
- 3 In the summer when I go outside, I have a runny nose and itchy eyes. _____
- 4 Sometimes it's very difficult for me to breathe. _____
- 5 I can't sleep at night. _____
- 6 I feel sick on long car journeys. _____
- 7 I ate some seafood earlier and now I'm feeling really sick. _____
- 8 I've broken my arm. _____

2 Complete the health problems in the comments

- 1 Ouch! That looks like a nasty **injury**!
- 2 Don't give Tom any of those nuts – he has an **a** _____.
- 3 I feel terrible – I think I've got a **v** _____.
- 4 I love going for country walks, but my **h** _____ **f** _____ sometimes spoils it.
- 5 Make sure you wash that cut. You don't want to get an **i** _____.
- 6 Our teacher isn't here today. She's at home with a stomach **b** _____.

3 WORD FRIENDS Match verbs 1–6 with nouns a–f.

1 <input checked="" type="checkbox"/> b get	a your voice
2 <input type="checkbox"/> lose	b lots of rest
3 <input type="checkbox"/> take	c in bed
4 <input type="checkbox"/> have	d your chest
5 <input type="checkbox"/> listen to	e a nose bleed
6 <input type="checkbox"/> stay	f your temperature

4 WORD FRIENDS Choose a verb from A and a noun from B to complete the sentences.**A**

come down get having lost stay take

B

appetite bed check-up flu prescription tablets

- 1 You must **stay in bed** until you feel better. Don't even try to get up.
- 2 I don't want anything to eat, thanks. I've _____ my _____.
- 3 You need to _____ these _____ twice a day with food.
- 4 I need to see the doctor so I can _____ a _____ for my blood pressure medicine.
- 5 Sorry, I can't make it to the game today. I've _____ with the _____.
- 6 I'm going to the doctor's today. Don't worry, nothing's wrong. I'm just _____ a _____.

5 Complete the dialogue with the words below.

deep hurt matter serious something
take worry

Doctor: Good morning. What seems to be the **matter**?

Alice: I'm in pain, doctor.

Doctor: I see. Where does it **hurt**?

Alice: Just here – above my stomach.

Doctor: OK ... let me see. Now, take a **deep** breath.

Alice: Is it **deep**?

Doctor: Oh no. It's nothing to **worry** about. It's just a stomach bug.

Alice: That's good. Is there anything I can **take** for it?

Doctor: Yes, here's **something** for the pain.

6 Complete the table.

Noun	Verb	Adjective
asthma	–	asthmatic
	infect	
	–	ill
pain	–	
	prescribe	–

7 Complete the sentences with the correct adjective or noun form of the words below.

asthma ill infect (x2) pain prescribe

- 1 The place where I cut myself is red and painful – I think the cut is **infected**.
- 2 The doctor gave me a _____ for antibiotics.
- 3 Keep that cut covered up or you might get an _____.
- 4 I can't move my leg – it's too _____.
- 5 I have to use an inhaler because I'm _____.
- 6 Tara missed a lot of school this year because of her _____.