

REVIEW UNIT 1, 2, 3

Mark the letter A, B, C or D to indicate the correct answer to each of the following questions.

Question 21. If you _____ emotion control skills, you _____ with negative emotions.

A. has - can deal B. had - would have dealt C. had had - would deal D. have - will deal

Question 22. It took him a long time to _____ living in the country.

A. use to B. get use to C. didn't use to D. get used to

Question 23. - Jane: "Do you have a minute, Dr. Smith?" - **Dr. Smith:** "_____"

A. Sure. What's the problem? B. Good, I hope so.
C. Sorry, I haven't got it here. D. Well, I'm not sure when.

Question 24. Susan got up early. _____, she did not catch the bus.

A. So B. Although C. However D. Therefore

Question 25. Do you think she will _____ the truth about her husband?

A. look around B. find up C. come back D. find out

Question 26. Nobody could tell me _____ to start the engine.

A. whom B. how C. what D. why

Question 27. Janice has to come back home now. I wish _____ here with us.

A. she isn't B. she will C. she wouldn't D. she stayed

Question 28. We don't know _____ to deal with this trouble?

A. how B. what C. when D. where

Question 29. If young people from small villages move to big cities, they _____ find it hard to find jobs.

A. can B. should C. might D. must

Question 30. She is wondering _____ to go to buy traditional handicrafts.

A. if B. where C. what D. how

Question 31. Hellen _____ milk, so she went to the supermarket to buy some.

A. passed down B. looked out C. carried out D. ran out of

Question 32. _____ they communicate, _____ they get to know each other.

A. More clearly – better B. The more clear – the better
C. The more clearly – the better D. Clearer – better

Question 33. If you drink enough water, you _____ more energetic throughout the day.

A. can feel B. might feel C. will feel D. would feel

Question 34. Eating from _____ is a popular habit of people in big cities in Viet Nam.

A. canteens B. street vendors C. libraries D. shops

Question 35. She wanted to know whether I _____ back the next day.

A. would come B. will come C. came D. come

Question 36. The hospital near our house _____ in the 18th century.

A. was built B. builds C. built D. was building

Question 37. The higher the number of vehicles in the city centre is, _____ the air quality gets.

A. worse B. the worse C. the bad D. the worst

Question 38. Jack is quite easy-going. He can _____ well with many types of people.

A. get on B. come on C. go on D. take on

Question 39. _____ tourists Trang An attracts, the more developed it gets.

A. The more B. Many C. Much more D. The most

Question 40. - "Mom, I've got the second rank in school this semester!" - "_____"

A. Never mind! B. Let's go! C. Well done! D. Thank you!

Question 41. _____ he studies, _____ he understands the subject.

A. The more hard - the better B. Hard – better
C. The harder - the better D. More hard – better

Question 42. Could you tell me _____ to repair my broken phone?

A. what B. where C. why D. which

Question 43. He wasn't able to cope _____ the stresses and strains of the job.

A. to B. on C. about D. with

Question 44. Kelvin has _____ the measles after his volunteer trip in India.

A. passed down B. come up with C. got over D. come down with

Question 45. - Alex: "Do you mind turning on the central radiator?" - **Peter:** "_____"

A. No, of course not. B. Yes, I would.
C. Thanks. It's really encouraging. D. Sure.

Question 46. The more vehicles on the road, the _____ the traffic congestion becomes during rush hours.

A. best B. worst C. bad D. worse

Question 47. We didn't know _____ to call for help.

A. which B. if C. who D. whether

Question 48. - Lan: "What about visiting the zoo this weekend?" - **Hoa:** "_____"

A. No, thanks. B. Not at all. C. Well done! D. That's a good idea.

Question 49. You _____ follow these safety instructions if you don't want to get hurt.

A. will B. can C. must D. might

Question 50. _____ abuse has become one of the big problems nowadays.

A. Kid B. Children C. Kids D. Child

Question 51. Because of personal _____, they are not friends anymore.

A. skills B. conflicts C. concerns D. interest

Question 52. - Tony: "Would you like to have dinner with my family tonight?" - **Cindy:** "_____"

A. I'm terribly sorry. But I have to disagree. B. Thanks, but I'm afraid I've got something planned.
C. Thanks. And you? D. Sure. Go ahead.

Question 53. When we are on holidays, our neighbour doesn't mind _____ our house.

A. taking care of B. looking around C. finding out D. going out

Question 54. He was really confused and did not know _____ to do.

A. where B. what C. when D. how

Question 55. If young people have healthy problems, they _____ see a doctor.

A. must B. might C. will D. should

Question 56. We don't know where _____ the sofa.

A. putting B. to put C. puts D. put

Question 57. Your body will change in shape and _____ as you enter adolescence.

A. height B. tall C. taller D. high

Question 58. Yesterday, my bike broke down on the way home so I felt very _____.

A. confident B. frustrated C. happy D. delighted

Question 59. Students should focus _____ study.

A. on B. into C. of D. with

Question 60. He could _____ all kinds of people because it was part of his job as a receptionist.

A. deal with B. keep up with C. pass down D. take care

Question 61. - "My life has got stuck these days. I am so sad and unable to think of anything." - "_____"

A. No, thanks. B. Stay calm. Everything will be alright.
C. Stay stuck there. D. You will be tired.

Read the following passage and mark the letter A, B, C or D to indicate option that best fits each numbered blank from 61 to 72.

A community is a group of people who live and work together. People who assist and provide services to (62) _____ in the community are known as community helpers. These helpers can be found in various places as one travel within a town or city. Whether it's a small town, a farm, or a big city, there are many community helpers who (63) _____ important roles.

Community helpers work to support and benefit the community and (64) _____ residents. They come in different types, each with their own responsibilities. Some community helpers focus on ensuring safety and good health, (65) _____ others work to maintain clean neighbourhoods, volunteer their time, and ensure the smooth functioning and construction of the community.

Those who contribute to community safety include firefighters, paramedics, and police officers. Police officers play a vital role in safeguarding people from individuals who (66) _____ try to hurt others. They must possess qualities such as bravery, politeness, and extensive training. Firefighters also play a crucial role in keeping people safe by assisting (67) _____ accidents or house fires. Paramedics provide care to individuals who are injured or sick and transport them to hospitals for treatment.

Question 62.	A. one	B. another	C. others	D. each other
Question 63.	A. have	B. play	C. get	D. set
Question 64.	A. its	B. our	C. her	D. their
Question 65.	A. since	B. but	C. when	D. while
Question 66.	A. should	B. can	C. will	D. might
Question 67.	A. during	B. after	C. in	D. on

Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the following questions from 74 to 83.

Healthy Living for Teens

Being a teenager can be both exciting and challenging. Your body is changing, and so are your lifestyle choices. It's important to understand what it means to live healthily so that you can enjoy life to the fullest and build habits that will benefit you in the long term.

Firstly, maintaining a balanced diet is crucial. As a teenager, your body needs a variety of nutrients to support growth and development. Make sure to include fruits, vegetables, lean proteins, and whole grains in your meals. Avoid excessive consumption of sugary snacks and drinks, as they can lead to weight gain and dental problems.

Secondly, regular physical activity is essential for staying healthy. Aim for at least 60 minutes of moderate to vigorous exercise every day. This could include activities like jogging, swimming, dancing, or playing sports with friends. Physical activity not only keeps your body fit but also improves your mood and reduces stress.

Additionally, getting enough sleep is often underestimated but vital for your wellbeing. Teenagers need between 8 to 10 hours of sleep per night to feel rested and alert during the day. Establish a bedtime routine and avoid screen time before bed to help you fall asleep faster and improve sleep quality.

Lastly, managing stress is key to maintaining overall health. School, relationships, and future plans can all contribute to stress. Find healthy ways to cope, such as practicing mindfulness, talking to a trusted adult, or engaging in hobbies you enjoy.

By prioritizing a balanced diet, regular exercise, sufficient sleep, and stress management, you can pave the way for a healthy and fulfilling teenage life.

Question 74. What is one reason why sugary snacks and drinks should be limited?

- A. They can cause weight gain and dental problems.
- B. They provide necessary nutrients.
- C. They make you sleepy.
- D. They are good for your bones.

Question 75. How much physical activity should teenagers aim for daily?

- A. 45 minutes
- B. 30 minutes
- C. 60 minutes
- D. 90 minutes

Question 76. What is one benefit of getting enough sleep as a teenager?

- A. Skipping breakfast.
- B. Gaining weight.
- C. Improved mood and reduced stress.
- D. Feeling hungry during the day.

Question 77. What is suggested to help manage stress effectively?

- A. Drinking caffeine.
- B. Avoiding friends.
- C. Engaging in hobbies and practicing mindfulness.
- D. Ignoring the problem.

Question 78. According to the passage, what are the key components of healthy living for teens?

- A. Consuming energy drinks and playing video games.
- B. Only focusing on academics and ignoring social activities.
- C. Balancing diet, regular exercise, sufficient sleep, and stress management.
- D. Eating junk food, staying up late, and avoiding exercise.

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D to indicate the correct option that best fits each of the numbered blanks from 84 to 91.

When we feel anxious, we often give ourselves negative messages like: “I can’t do this”, “I’m useless” and “I’m going to fail”. (84) _____ Picturing how you’d like things to go can help you feel more positive. Try to imagine yourself turning up to an exam feeling confident and relaxed. You turn over your paper, write down what you do know and come away knowing you tried your best on the day.

It can sometimes feel like your whole future depends on what grades you get. (85) _____ You might have predicted certain grades or put into a higher set, and feel if you don’t get the grade you’ll let your teachers or parents down.

(86) _____ Remember, exams are important - but they’re not the only way to a successful future. (87) _____

- A. It can be difficult but try to replace these with positive thoughts such as: “This is just anxiety, it can’t harm me” and “relax, concentrate - it’s going to be okay”.
- B. Lots of people achieve success in life without doing well in school exams.
- C. There can be a lot of pressure on young people to do well in exams which can cause a lot of stress and anxiety.
- D. It can sometimes feel like your whole future depends on what grades you get.