



Good and Bad Days





Drag each word or phrase to the column where you think it fits best: "Good Days" or "Bad Days."



Good Days

Bad Days





**Read and listen to a short story about Sarah's day.
Pay close attention to the activities and feelings described.**

A Day in My Life

Yesterday was a sunny Saturday, and I woke up early feeling happy. I ate breakfast with my family before I went to the park to play soccer with my friends. We played for a long time, running and having lots of fun. After playing, I bought some ice cream and I felt very happy enjoying it under the warm sun.

In the afternoon, I spent some quiet time reading my favorite book. It was a relaxing way to end the day before dinner. Overall, I had a great day filled with fun and good moments.



Write a complete sentence to answer each question using information from Sarah's Day story.



What did Sarah do after playing soccer with friends?



How did the Sarah feel while eating ice cream under the sun?



What did Sarah do in the afternoon to end the day?



Think about a good day or a bad day you had. Then use the voice recorder to tell your story. Speak for one minute and use past tense words to describe what happened and how you felt.





Read the comic strip story carefully.

Highlight all the time sequence words (first, then, finally) and past tense verbs.





Complete each sentence by typing the correct past tense verb from the word bank below.

1. I _____ up early feeling happy.
 2. I _____ soccer with my friends in the park.
 3. Then, I _____ some ice cream.
 4. I really _____ the warm sun while eating it.
 5. Suddenly, it _____ to rain.
 6. I _____ wet because I _____ my umbrella.
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Using the pictures provided, work together in pairs to write your story one panel at a time in the boxes below





Individual Task.

Use the diary template with sentence starters below to write your own recount about a good or bad day, applying past tense and sequencing correctly.

Date: _____

Dear Diary,

Yesterday, I...

First, I...

Then, I...

After that, I...

Finally, I...

Today, I felt... because...

The best part of my day was...

The worst part of my day was...

Goodnight, Diary!