

Psychology - Psychodynamic theory of dreaming

Name: _____

Date: _____

1. id ●	●	works to satisfy the id's desire in realistic ways, balances the id and superego
2. ego ●	●	seeks immediate pleasure and satisfaction
3. superego ●	●	acts as a 'moral compass', strives for perfection

1. There are two types of dream content . The first one is latent content , which is the _____ , meaning of dreams . The second one is manifest content , which is the events that can be _____ from the dreams when we wake up . For example , in a dream where we have an argument with a stranger , then the arguing scene is the _____ . Meanwhile , this dream could bear a hidden meaning (_____) if we had a disagreement with our sibling earlier that day .

latent content symbolic recalled manifest content hidden

2. The psychodynamic theory of dreams argue that dreams represent the fulfilment of _____ of the id . This is called _____ . The dreamwork is the process in which our unconscious mind changes _____ content into _____ content . This process includes three steps . Firstly , _____ - the combination of images , meanings , and emotions into a dream . For example , the anger when arguing with a sibling . Secondly - _____ , transfer of feelings from the original dream object to another (e . g . the anger toward a sibling is transferred to a stranger) . Thirdly , _____ - addition of details to make the manifest content logical .

secondary elaboration	condensation	unsatisfied desires	displacement	latent
wish fulfilment	manifest			

3. Dream analysis is a psychodynamic therapy where the therapists help the patient explore the _____ of their dreams . One technique used is _____ , in which the patient express all thoughts despite illogicality . Another technique used is _____ , which includes the interpretation of symbols from dreams .

underlying meanings	free association	symbol analysis
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4. State the aim of the study by Iorio et al.

5. How many participants were there in the study by Iorio et al.? What was their age range?

6. Briefly state three findings of the study

7. What was the conclusion of the study?
