

**A. Content.**

Units	Topics	Phonetics	Vocabulary	Grammar
1	<b>LOCAL COMMUNITY</b>	Vowel revision: /æ /; /ɑ:/; /e /	Community helpers Traditional handicrafts	Question words to- infinitives Phrasal verbs
2	<b>CITY LIFE</b>	Diphthong revision: /aʊ/; /əʊ/; /eə/	City life	Double comparatives Phrasal verbs
3	<b>HEALTHY LIVING FOR TEENS</b>	Sounds: / h/ and / r/	Student's life and school work	Modal verbs in first conditional sentences

**B. Reference tests:**

**TEST 1**

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

- Question 1. A. ground B. should C. about D. amount  
Question 2. A. carry B. garbage C. paragraph D. attraction

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 3. A. business B. experience C. grandparent D. chocolate  
Question 4. A. generation B. communicate C. historical D. environment

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

- Question 5. Last year, the researchers \_\_\_\_\_ a survey to find out how eating habits affect the health of teenagers.  
A. worked out B. cut down C. carried out D. looked round  
Question 6. After working hard from the beginning of the school year, Giang \_\_\_\_\_ her goal of achieving the highest score on the mid-term test.  
A. balanced B. accomplished C. solved D. intended  
Question 7. The increase \_\_\_\_\_ population and the increasing number of vehicles have caused many accidents to happen every day in the city.  
A. in B. at C. on D. of  
Question 8. If you \_\_\_\_\_ public transportation, you can reduce traffic congestion in the city.  
A. will use B. use C. using D. are used  
Question 9. \_\_\_\_\_ they are from home, the more we miss them.  
A. The farther B. The more further C. The furthest D. The more far  
Question 10. \_\_\_\_\_ time his son spent on electronic devices, \_\_\_\_\_ he focused on his studies.  
A. The less - the more B. The fewer - the more C. less - more D. fewer - less  
Question 11. Visiting this local craft market \_\_\_\_\_ me of the beautiful vases I saw at Bat Trang pottery village.  
A. remembers B. reviews C. reminds D. misses  
Question 12. You'd better look after your \_\_\_\_\_ by taking time to relax and do things you enjoy.  
A. mental health B. physical health C. well-balanced diet D. healthy diet

Read the following recruitment advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

### HEALTHY LIVING TIPS FOR TEENAGERS

1. Eat (13) \_\_\_\_\_ balanced diet with plenty of fruits and vegetables.
2. Drink plenty of water and get enough sleep.
3. Exercise regularly (14) \_\_\_\_\_ fit.
4. Limit screen time to 2 hours a day.
5. Manage your time and give (15) \_\_\_\_\_ to important activities.
6. Talk to a counsellor, friends, or parents if you feel (16) \_\_\_\_\_ out.

- |                           |             |                   |               |
|---------------------------|-------------|-------------------|---------------|
| Question 13. A. a         | B. the      | C. x (no article) | D. an         |
| Question 14. A. keeping   | B. keep     | C. kept           | D. to keep    |
| Question 15. A. due date  | B. balance  | C. priority       | D. assignment |
| Question 16. A. stressful | B. stressed | C. stressfully    | D. stress     |

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

**Question 17. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

Fast food chains and international restaurants have become popular, offering a wide range of dishes and more food choices to local people. \_\_\_\_\_

- a. For example, here in Vietnam, we can enjoy Italian pizza or Japanese sushi, in addition to our traditional food.
- b. On the other hand, Vietnamese specialties, such as pho and banh mi, are also gaining popularity worldwide.
- c. Moreover, some international dishes use local ingredients, which make them unique and more suitable to local tastes.

- A. b – c – a                      B. a – c – b                      C. c – b – a                      D. b – a – c

**Question 18. Choose the sentence that can end the text (in Question 17) most appropriately.**

- A. In short, you can explore the flavorful world of traditional Vietnamese food or enjoy dishes from other countries around the world in Vietnam.
- B. To begin with, you have the best chance to taste many types of food when you visit Vietnam.
- C. In summary, Vietnamese dishes are not tasty enough to be enjoyed by foreigners.
- D. In the end, we need to know how to cook both local and international dishes.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

I believe all humans have the right (19) \_\_\_\_\_ in a safe and clean place. However, most cities today have many problems that need solutions. Johannesburg, South Africa, is one of these cities. I will explain some of its problems and potential solutions below.

A big problem is that crime is high in the city. There are so many criminals that life for normal people is beginning to (20) \_\_\_\_\_. They may move away from the city. For this reason, the government should provide more police officers on the streets.

(21) \_\_\_\_\_ problem is that the population is rising quickly. It might make more people homeless. Having more homeless people can cause many problems. The government should build more (22) \_\_\_\_\_ around the city.

The final problem is that air pollution is getting worse. Because of this, more people will need medical help. This could make hospitals very busy. To improve this, the government should ask people to ride bicycles more and use cars (23) \_\_\_\_\_.

To conclude, the number of criminals, the population (24) \_\_\_\_\_, and air pollution are problems in Johannesburg. However, there are solutions the government can implement. They should train more police officers, build more apartments, and ask people to ride bicycles instead of using cars.

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|--------------------------|---------------|---------------|---------------|
| Question 19. A. to live  | B. live       | C. living     | D. lives      |
| Question 20. A. break up | B. break down | C. break into | D. break away |

- Question 21.** A. Other                      B. Others                      C. Another                      D. The other  
**Question 22.** A. construction sites    B. shopping malls            C. stadiums                      D. apartment buildings  
**Question 23.** A. more                      B. little                      C. much                      D. less  
**Question 24.** A. to grow                      B. grew                      C. growth                      D. grow

*Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.*

**Question 25.** *Wear your coat or you may catch a cold.*

- A. If you don't wear your coat, you may catch a cold.  
 B. Unless you wear your coat, you may not catch a cold.  
 C. You may wear a coat if you don't catch a cold.  
 D. You may catch a cold even though you wear your coat.

**Question 26.** *They should reduce the amount of fatty foods in their daily meals.*

- A. They should cut down on the amount of fatty foods in their daily meals.  
 B. They should eat more fatty foods in their daily meals.  
 C. They shouldn't cook fatty foods every day.  
 D. The more fatty foods they eat, the healthier they become.

*Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.*

**Question 27.** *My father / handed / some / his / special / cooking techniques / me.*

- A. My father handed out some of his special cooking techniques to me.  
 B. My father handed down some his special cooking techniques to me.  
 C. My father handed down some his special cooking techniques for me.  
 D. My father handed down some of his special cooking techniques to me.

**Question 28.** *She / tell me / the trip / village / where / born / grow up.*

- A. She tells me about the trip to village where she be born and grew up  
 B. She told me about the trip to the village where she was born and grew up.  
 C. She told me about the trip to the village where she is born and grew up.  
 D. She tells me about the trip the village where she is born and grew up.

*Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 29.** What does the sign say?



- A. Snacks are appropriate  
 B. You can buy food in the canteen  
 C. Eating is prohibited here.  
 D. Processed foods are bad for you

**Question 30.** What does the notice say?

Please do not make or take  
phone calls in the laboratory

- A. Phones are eliminated in the lab.  
 B. Visitors mustn't use phones anywhere, anytime in the lab.  
 C. If visitors want to use phones, they should contact staff.  
 D. There is no cell phone signal in the lab.

*Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.*

As teenagers, setting goals can help you live a more balanced life. Goals give you a sense of direction and help you manage your time better. When you have clear goals, it's easier to focus on schoolwork, hobbies, and time with friends and family.

To start, think about what is important to you. For example, you may want to improve your grades, learn a new sport, or spend more time with family. Once you know your goal, break it into smaller steps. This makes it easier to work on and helps you stay **motivated**.

It's also important to set goals that you can achieve. If your goal is too hard, you might feel **frustrated** and give up. For example, if you want to get fit, start by jogging a few times a week instead of trying to run a marathon.

Finally, check your progress often. Ask yourself if you are still on track to reach your goal. If not, change your plan and try again. This will help you stay focused and not lose motivation.

By setting your own goals, you can create a balanced and happy life, making sure there is time for everything that matters to you.

**Question 31.** What is the main purpose of the text?

- A. To show why teenagers should focus more on their hobbies.
- B. To describe how teenagers can achieve school success easily.
- C. To encourage teenagers to spend more time with family.
- D. To explain how setting goals can lead to a more balanced life.

**Question 32.** The word '**motivated**' in paragraph 2 is OPPOSITE in meaning to \_\_\_\_\_.

- A. Uninterested
- B. Focused
- C. Balanced
- D. Excited

**Question 33.** After choosing a goal, what should teenagers do next?

- A. Begin working on all parts of the goal at once.
- B. Break the goal into smaller, more achievable steps.
- C. Try to focus on the goal and forget about distractions.
- D. Work on the goal only when they feel motivated.

**Question 34.** The word '**frustrated**' in paragraph 3 is CLOSEST in meaning to \_\_\_\_\_.

- A. Annoyed
- B. Satisfied
- C. Interested
- D. Surprised

**Question 35.** Which statement is NOT true according to the text?

- A. Setting realistic goals helps teenagers stay motivated.
- B. Checking progress regularly keeps teenagers on track.
- C. It is better to work on many goals at the same time.
- D. Breaking a goal into smaller steps makes it easier to achieve.

**Question 36.** How should teenagers check their progress on their goals?

- A. See if they are making progress and make changes if necessary.
- B. Look at their goals only after they have finished.
- C. Ask their friends to check their goals for them.
- D. Check their progress only when they feel like it.

*Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.*

Living in a big city can have both positive and negative effects on \_\_\_\_\_ (37). On the one hand, cities offer many opportunities such as access to better jobs and \_\_\_\_\_ (38). On the other hand, city life can also be stressful due to \_\_\_\_\_ (39) and noise pollution. Additionally, many people struggle to find a balance between work and personal life (40) \_\_\_\_\_.

- A. crowded public spaces
- B. public services like hospitals and schools
- C. people's mental and physical health
- D. if they are constantly working in big cities

**Question 37:** \_\_\_\_\_

**Question 38:** \_\_\_\_\_

**Question 39:** \_\_\_\_\_

**Question 40:** \_\_\_\_\_