

Unit 3 – Lessson 6

**Mason:** Hi, Elena. What ..... you ..... on Saturday?

**Elena**: I'm not ..... anything. Why?

**Mason:** I'm ..... a video talk on sound meditation.

**Elena:** What's sound meditation?

**Mason:** It's learning to ..... to everything around you at that moment, even the sounds you don't like, like a loud ..... or a ..... Sound meditation can help you stay ..... when you're ..... .

**Elena:** That sounds interesting. When ..... you ..... the talk?

**Mason:** At 3:00 p.m. my time. You can ..... online!

**Elena:** Cool! I'm ..... forward to it.



LIVEWORKSHEETS