

Writing about Yourself

BEFORE YOU START

Match the information people sometimes give about themselves in a personal profile (1-5) with the extracts from an email (a-e).

1) information about your family

2) a physical description

3) information about your favorite band

4) a description of your personality

5) a list of your ambitions

a) They play rock and I'd love to see them in a concert.

b) One day I'd like to be a teacher.

c) I've got five cousins, but I don't often see them.

d) I'm quite a creative person.

e) I'm not very tall and I've got medium length hair.



Read Emily's profile. Match three of the points (1-5) in Exercise 1 with the paragraphs (A-C).



Hi! I'm Emily.

(A) I'm sixteen years old. I'm quite tall - I'm 1.65 m and I'm slim. I've got long wavy brown hair and blue eyes.

(B) I'm a positive person and I'm very sociable - I've got lots of friends. I like going out with my friends and having fun. I really enjoy sports (especially tennis), but I'm not very fit. I also spend quite a lot of time shopping for clothes! And of course, I love fashion (that's why I'm writing this blog!). My friends say I'm kind and I've got a good sense of humour. I like laughing a lot.

(C) I've got a brother and a sister. My brother is fourteen, but he's taller than me. He's got short dark hair and blue eyes. He's really funny! My sister is ten. She's quite tall, but she isn't taller than me. She's very clever. She's got long straight blond hair and green eyes.

So now you know all about me!



Read Emily's profile again and complete the table.

EMILY

AGE	
HEIGHT	
BUILD	
HAIR AND EYES	
PERSONALITY	
INTERESTS	
FAMILY	

LANGUAGE FOCUS

- **Mention age**

I'm years old.

I'm in teen /mid/late twenties.

- **Describe personality and interest**

I'm a very easy-going/interesting person.

I'm the sort/type/kind of person who always remembers your birthday/loves kids.

I'm into music/fashion/skateboarding.

I have a good sense of humour.

I'm caring/charming/outgoing/reliable.

I'm childish/cheeky/arrogant/rude.

- **Describe hair, eyes, skin and face**

I've got cool, short hair.

I've got beautiful, long blond hair.

I've got a kind/friendly/unusual smile/face.

I'm dark-skinned/pale-skinned.

- **Mention height/build**

I'm short. I'm 155 cm. tall.

I'm fairly well-built.

- **Mention clothes**

I wear casually/smartly/well/in black.

I always wears casual/smart/scruffy/fashionable/stylish clothes.

I never wear a tie.

VOCABULARY FOCUS

Some adjectives in English can sound negative when used to describe a person.

Replace the underlined adjectives in the sentences with the more neutral expressions in the box.

a bit too slim a little overweight

mature not always hard-working

not really interested in fashion

sometimes forgets his/her manners

1. Jo is **skinny**. She doesn't eat very much.

.....

2. Ryan is **fat**. He doesn't do much exercise.

.....

3. Harry is **scruffy**. He doesn't care what he wears.

.....

4. Ellie is **rude**. She needs to be more polite.

.....

5. Ken is a (n) **old** student. He's back at university because he wants a career change.

.....

6. Kelly is **lazy**. Her parents are worried that she'll fail her exams.

.....

Useful Language

- I'm writing to tell you about ...
- I'm a very easy-going person.
- I've got long, curly, brown hair.
- I'm into museums and sports.

Practice 1



Complete the table with your information.

YOUR NAME :

AGE	
HEIGHT	
BUILD	
HAIR AND EYES	
PERSONALITY	
INTERESTS	
FAMILY	



Practice 2

Fill in the blanks with your own information.

Hi! I'm I'm years old.

I'm quite and I'm tall.

I've got hair and eyes.

I usually wear clothes.

My friends say I'm and

I really enjoy in my free time.

I love because

In my family, I've got (brother(s)/sister(s)).

He/She is very and we like together.



"Introducing Myself on a Blog"

Situation:

Your English teacher has created a class blog where students introduce themselves.

Write a short blog post to tell your classmates about you.



Instructions:

Write about 100–120 words.

Include these points in your writing:

1. Your name, age, and what you look like (hair, eyes, height, build).
2. Your personality and interests.
3. The kind of clothes you like to wear.
4. Your family (optional).
5. End with a friendly closing line.

