

Lesson 1 – Minor and serious health problems (Self-paced)

I. Vocabulary

Label the items in the emergency medical kit. Use the following words.

stethoscope syringes dressings gloves aspirin bandages
 cardiopulmonary resuscitation (CPR) mask oxygen antiseptic wipes
 automatic external defibrillator (AED)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



II. Listening Practice

Exercise 1: Listen to Rani, Bilal and Safiya dealing with a major medical incident on a flight from Delhi to Colombo. Are the sentences true (T) or false (F)

1. The sick passenger is unconscious.
2. The sick passenger is travelling alone.
3. Rani wants to put the sick passenger in a seat.
4. The sick passenger has collapsed before.
5. Rani and Bilal give the sick passenger oxygen.
6. Rani and Bilal can deal with the situation themselves.
7. The sick passenger is on medication.
8. The sick passenger is 53 and in good health.
9. Safiya tells Anton, the purser, about the situation.
10. There isn't a doctor on board.

Complete these sentences from the Listening. Listen again if necessary.

1. Can you h_____ me?
2. I think he's had a h_____ attack.
3. He's not b_____.
4. Let's g_____ him on the floor.
5. Help me get the m_____ over his head.
6. We're taking c_____ of him.
7. We d_____ CPR for two minutes.
8. His p_____ is very weak.

Exercise 2: Listen to Anton, the purser, speaking to the captain about the sick passenger. Answer the questions.

1. What's the doctor's diagnosis?

2. Is the passenger in danger?

3. What has the doctor requested?

4. What action does the captain say he will take?

Try to fill in the missing words in this announcement the captain makes. Then listen and check your answers.

Ladies and gentlemen, this is an 1 _____ announcement. We have a serious medical situation on board and we need to 2 _____ to Mumbai, the 3 _____ airport, as soon as possible. The flight attendants will now 4 _____ the cabin for landing. I 5 _____ being on the ground within the next 15 minutes. After landing at Mumbai, you must 6 _____ on board the aircraft. I do apologize for any 7 _____ this diversion may cause. However, I'd like to thank you for your cooperation and understanding. After landing at Mumbai, we will keep you regularly 8 _____ with our plans for your continued flight today.

Listen and practise reading aloud this short announcement.

"Ladies and gentlemen, if there is a doctor on board, please make yourself known to a member of the crew immediately by pressing your call bell. Thank you."

III. Reporting a medical incident

TALKING ABOUT THE PAST

What happened?	He collapsed. He stopped breathing.
What was the problem?	He had a heart attack.
What did you do?	We gave him oxygen and administered CPR.
Was there a doctor on board?	Yes, thank goodness, he arrived almost immediately

Reading practice

Complete the report form about what happened in *Dealing with a serious medical incident*. Use these words.

transferred • pulse • cardiac • resumed • first • condition • comfortable • services • defibrillator • recommended • happened • administer • aware • until

Report on Medical Incident on Flight IC321 from Delhi to Colombo

The incident 1 _____ at 16.40, that is, two hours into the flight.

A male passenger aged 63 suffered a 2 _____ arrest.

Two flight attendants assisted the patient as soon as the alarm was raised and immediately checked the man's 3 _____, made him 4 _____, took his 5 _____, checked his medical history with his wife who was travelling with him, got the oxygen and a 6 _____ and informed the purser. The purser informed the captain. The flight attendants gave prompt 7 _____ aid and then began to 8 _____ CPR. Fortunately there was a doctor on board and he said the man had suffered a cardiac arrest and was in a serious condition. The doctor 9 _____ immediate hospitalization. The captain decided to land at Mumbai, the closest international airport. The captain made an announcement to make passengers 10 _____ of the situation. He also requested ATC to provide full medical emergency 11 _____ on arrival. The doctor remained with the patient 12 _____ landing.

The plane landed at 17.01 and the emergency services took charge of the patient, who was 13 _____ to hospital. The flight 14 _____ at 18.10.

It was later reported that the patient was in a stable condition in hospital in Mumbai.