



Our Food

We need food to grow and keep healthy. Food like milk, eggs and cheese make our bones and muscles strong. Foods like roti, rice, dal and nuts give us energy. Fruits and vegetables keep us healthy and prevent us from falling ill.

Name the following popular food items :



1. P _ Z Z _



2. _ H O _ _ A



3. H A M _ _ _ G E R



4. D _ _ A



5. _ C E _ _ E A _



6. C H O _ _ _ _ _



7. S _ M _ _ A



8. D _ _
R _ T I
_ I C E



9. R _ S O G _ _ _ _

KNOW MORE

1. Pizza is a popular fast food all over the world. It originated from Italy.
2. Milk is a complete food and necessary for human beings.

LIVEWORKSHEETS