

A Day Without Technology – Yesterday’s Challenge”

1. What did the person do instead of checking messages in the morning?

- A) He listened to music.
- B) He read a book.
- C) He watched TV.

2. Where did he go in the afternoon?

- A) He went to the shopping mall.
- B) He went to the park.
- C) He went to his friend’s house.

3. What didn’t he do during the day?

- A) He didn’t use his phone.
- B) He didn’t read a book.
- C) He didn’t walk with his sister.

4. How did he feel at the end of the day?

- A) He felt bored and tired.
- B) He felt happy and relaxed.
- C) He felt angry and confused.

5. What did he do at night?

- A) He watched a movie.
- B) He wrote in his journal.
- C) He played video games.

6. What lesson did he learn from his day without technology?