UNIT 1 – MY HOBBIES

Exercise 1. Listen to the short talk twice and circle the correct answer to each of the following questions

1. What is Tom playing?

A. playing football B. playing basketball C. playing baseball D. playing volleyball

2. What is Nick doing?

A. playing football B. talking to his mother C. phoning to a friend D. playing volleyball

3. What is Ben doing?

A. watching TV B. listening to music C. talking to his mother D. sleeping

4. What is Kim doing?

A. playing tennis B. playing table tennis C. playing the piano D. watching television

Exercise 2. Listen to the conversation twice and decide whether the following sentences are True or False.

No.	Statements
1.	Mi started her hobby 3 years ago. _____
2.	She shares this hobby with her mom _____
3.	This hobby is difficult. _____
4.	Mi's hobby is collecting glass bottles _____

UNIT 2 – HEALTHY LIVING

Exercise 1. Listen to the conversation twice and circle the correct answer to each of the following questions.

1. What does Keren say about jogging?

A. She jogs at the gym B. She jogs 4 times a week

C. She jogs in the evening D. She jogs for an hour

2. What does Karen say about running in the morning?

A. She doesn't like it B. It's easier in the summer

C. She ran this morning D. It's hard on the weekend

3. What food does she eat in her balanced diet?

A. Meat B. Chicken C. Vegetables D. Egg

4. What help Karen relax?

A. Yoga B. Music C. Sleep D. Walking

Exercise 2. Listen to the following passage twice and decide whether the following sentences are True or False.

LIVEWORKSHEETS

No.	Statements
1.	Good teeth help us look nice and chew well. _____
2.	We ought to visit our dentist twice a month. _____
3.	We should brush our teeth twice a day _____
4.	We should drink much water to keep our teeth healthy. _____

UNIT 3 – COMMUNITY SERVICE

Exercise 1. Listen to the short talk twice and circle the correct answer to each of the following questions.

1. Was an ironman sporty as a child?

A. No, he wasn't B. Yes, he was C. No, he didn't D. Yes, he did

2. What did his sports instructor say?

A. Do less exercise, or continue to feel sick.

B. Do more exercise, or continue to feel sick.

C. Do much exercise, or continue to feel sick.

D. Do many exercise, or continue to feel sick.

3. How much calories does he use in one event?

A. 5,000 B. 6,000 C. more than 6,000 D. less than 5,000

4. How does he prepare before racing?

A. Eat more healthy food, sleep more, and do less exercise

B. Eat more healthy food, sleep less, and do more exercise

C. Eat more junk food, sleep more, and do more exercise

D. Eat more healthy food, sleep more, and do more exercise

Exercise 2. Listen to the conversation twice and decide whether the following sentences are True or Fa

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No.	Statements
1.	Phuc is a volunteer. _____
2.	He thinks volunteering is good for himself. _____
3.	He hasn't made any new friends. _____
4.	Mai thinks voluteering is special for her because she cannot help others. _____

LIVEWORKSHEETS