

# MIDTERM TEST 1

*Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.*

**Question 1.** A. him      B. heir      C. hair      D. his

**Question 2.** A. tired      B. serious      C. average      D. general

*Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.*

**Question 3.** A. priority      B. competition      C. electrician      D. entertainment

**Question 4.** A. construction      B. liveable      C. deliver      D. collector

*Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 5.** The annual fair \_\_\_\_\_ us of our community's rich history and traditions.

A. reminds      B. suggests      C. encourages      D. remembers

**Question 6.** The committee has \_\_\_\_\_ a survey of parking problems in residential areas.

A. cut down on      B. carried out      C. came back      D. looked around

**Question 7.** The more people who use buses, \_\_\_\_\_ it is for the environment.

A. the better      B. the best      C. better      D. more good

**Question 8.** Linh: "Do you mind carrying this suitcase for me?"

Tom: "\_\_\_\_\_ "

A. Do it yourself, please.      B. Not at all. It's my pleasure.

C. Yes, I do. Is it too heavy for you?      D. Thanks! It's so kind of you.

**Question 9.** We'd better get an \_\_\_\_\_ to check the wiring before we start decorating.

A. electrician      B. artist      C. architect      D. police officer

**Question 10.** The government \_\_\_\_\_ their objective of reducing violent crime.

A. accomplished      B. succeeded      C. managed      D. got

**Question 11.** The coach explained when \_\_\_\_\_ for the best results.

A. to exercise      B. to exercising      C. will exercise      D. exercising

**Question 12.** There is a big \_\_\_\_\_ site near my house, so it's very noisy.

A. construction      B. construct      C. constructing      D. constructed

*Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each numbered blank from 13 to 16*

## STAYING HEALTHY AT WORK

To stay healthy while working, try these easy tips:

- Take breaks to stand up and (13) \_\_\_\_\_ around.
- Drink (14) \_\_\_\_\_ water all day to stay healthy.
- (15) \_\_\_\_\_ your desk clean and tidy to feel better.
- If you feel tired, (16) \_\_\_\_\_ some deep breaths to feel relaxed.

**Question 13.** A. move      B. come      C. leave      D. look

**Question 14.** A. many      B. enough      C. little      D. more

**Question 15.** A. Forget      B. Open      C. Keep      D. Hide

**Question 16.** A. take      B. stop      C. wait      D. run

*Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 17. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.**

When twelve-year-old George said that he was getting headaches at school, his dad made an appointment for an eye test. \_\_\_\_\_.

- a. George said that he hoped to be a pilot, 'that might be difficult', said the doctor, "because you're colourblind.'
- b. The optician showed him some coloured images and asked him what numbers he could see, but George found the task difficult.
- c. The optician then asked him what his plans were for the future.

A. a – b – c      B. b – c – a      C. c – a – b      D. a – c – b

**Question 18. Choose the sentences that can end the text (in Question 17) most appropriately.**

- A. She told George that he probably wouldn't be able to fly planes in the future.
- B. Later at home, his mum told him that colour-blindness ran in the family.
- C. His grandad had the same problem, but he had learned to live well with it.
- D. His grandad couldn't tell the difference between some colours.

*Mark letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.*

When we feel anxious, we often give ourselves negative messages like: "I can't do this", "I'm useless" and "I'm going to fail".

It can be difficult but (19) \_\_\_\_\_ to replace these with positive thoughts such as: 'this is just anxiety, it can't harm me' and, 'relax, concentrate - it's going to be okay'.

Picturing how you'd like things to go can help you feel more (20) \_\_\_\_\_. Try to imagine yourself turning up to an exam feeling confident and relaxed. You turn over your paper, write down what you do know and come away knowing you tried your best on the day.

It can sometimes feel like your whole future depends on (21) grades you get. There can be pressure on young people to do well in exams which can cause a lot of (22) . You might have been predicted certain grades or put into a higher set, and feel if you don't get the grade, you'll get your teachers or parents (23) \_\_\_\_\_ .

Remember, exams are important – (24) they're not the only way to a successful future. Lots of people achieve success in life without doing well in school exams.

**Question 19.** A. afford

B. allow

C. let

D. try

**Question 20.** A. positive

B. negative

C. tense

D. stressful

**Question 21.** A. why

B. when

C. what

D. how

**Question 22.** A. stressed

B. stressful

C. stress

D. stresses

**Question 23.** A. down

B. up

C. on

D. off

**Question 24.** A. although

B. because

C. but

D. so

*Mark letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.*

**Question 25.** His good exam result gave us no surprise.

- A. He did well in the exam, which made us surprised.
- B. We were not surprised at his good exam result.
- C. We were surprised at his good exam result.
- D. We thought he had got better exam result.

**Question 26.** You must be careful because you may get burnt.

- A. If you want to get burnt, you must be careful.
- B. You may get burnt because you are not careful.
- C. You will get burnt because she is not careful.
- D. If you don't want to get burnt, you must be careful.

*Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is best written from the words/phrases given.*

**Question 27.** more / developed / a city / be / more/ food / people / throw away.

- A. The more developed a city is, the more food people throw away.
- B. More developed a city is, more food people will throw away.
- C. The more developed a city is, more food people throw away.
- D. More developed a city is, the more food people throw away.

**Question 28.** I /decided / cut down / fast food / and / start / cook / my own meals.

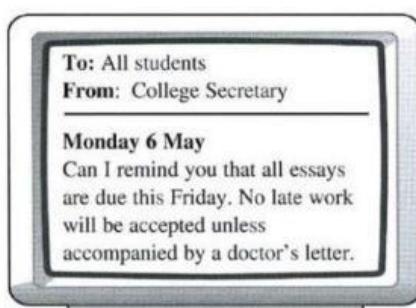
- A. I decided to cut down on fast food and start cooking my own meals.
- B. I decided cutting down on fast food and starting to cook my own meals.
- C. I decided cut down fast food and start to cook my own meals.

D. I decided to cut down fast food and start cooking my own meals.

**Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.**

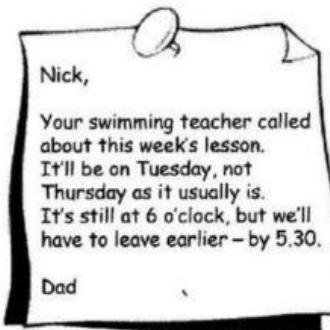
**Question 29.**

- A. The college secretary will post students' essays on Friday.
- B. Students may hand in their essays after Friday if they can prove illness.
- C. Unless your essay is due by Friday, you do not need to reply
- D. Students need to remind each other of the due date for all essays.



**Question 30.**

- A. Nick's lesson will be on Tuesdays from now on.
- B. The time of Nick's lesson has changed.
- C. Nick's lesson this week is at the same time on a different day.
- D. Nick won't have to leave earlier this week because the time is unchanged.



**Read the passage and mark letter A, B, C or D on your answer sheet to indicate the correct answer to each question from 31 to 36.**

Practical stress management can help students deal with their worries and become more productive, competent and **efficient**. First of all, students must be able to design and stick to a timetable. Choose a relaxing break between work and study, even if it's just taking out time to breathe. In addition, a healthy lifestyle is essential for students. Let's drink more water as well as take out time to get some air and exercise. Furthermore, organization is very important in academic life for dealing with stress. By keeping academic notes organized, turning in assignments on time, and keeping track of all deadlines, stress can be reduced to a great extent. Stress can also get worse if a person feels lonely. Therefore, by letting out all your thoughts to someone you trust, you immediately feel a lot better. However, if you feel extremely stressed out, take a break and do something you love. Whether it is painting or listening to music, doing something you enjoy can cheer up your mood and **distract** you from a stressor. It's about time that we students accept that we can achieve just as much in life without all the stress.

**Question 31.** Practical stress management can help students.

- A. deal with stress
- B. have more time
- C. face up to the worst situation
- D. think critically.

**Question 32.** What should students pay attention to when designing a timetable?

- A. They have to arrange time to breathe.
- B. They need to set time for relaxation.
- C. They don't need to take notice of certain tasks.
- D. They shouldn't include breaks in their timetable.

**Question 33.** Which of the following sentences is true? A.

You should stay alone when being under pressure.

- B. When you feel lonely, you should grab someone to talk immediately.
- C. The lonelier you are, the more stress you can have.
- D. It is believed that stress can control itself.

**Question 34.** The word **efficient** is CLOSEST in meaning to \_\_\_\_\_?

- A. wasteful
- B. invaluable
- C. organizational
- D. effective

**Question 35.** The word **distract** is OPPOSITE in meaning to \_\_\_\_\_?

- A. disturb
- B. confuse
- C. worry
- D. focus

**Question 36.** What is the main idea of the passage?

- A. Students should prioritize academic performance.
- B. Some effective stress management techniques students can practice.
- C. Loneliness is the primary cause of stress among students.
- D. Taking breaks from study is unnecessary.

*Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.*

The countries with the highest levels of obesity, however, are in the Pacific islands. In countries such as Nauru, Tuvalu and Palau, (37) \_\_\_\_\_. This is a relatively new trend, as, before the 1950s, locals (38) \_\_\_\_\_ that included bananas, coconuts, yams and seafood. Since then, incomes have increased, making imported convenience foods more affordable. This new situation causes people (39) \_\_\_\_\_ despite the availability of healthier, locally-grown options. In many regions of the USA, healthy choices just aren't available, or they are too expensive. In addition, (40) \_\_\_\_\_ means that many people don't get enough exercise.

- A. this country's driving culture
- B. consumed a traditional diet
- C. over half the population is obese
- D. to make poor food choices

**Question 37:** \_\_\_\_\_

**Question 39:** \_\_\_\_\_

**Question 38:** \_\_\_\_\_

**Question 40:** \_\_\_\_\_

*THE END*