

Name _____

Class _____

Date _____

THINK ABOUT

1 Circle three adjectives that describe you.

caring | confident | cool | easy-going | friendly
funny | happy | helpful | intelligent | positive

2 Compare your list with a partner. Are your choices the same or different? Do you agree with your partner's choices?

BEFORE YOU WATCH

3 Look at the picture. What do you think makes these people amazing?



OVERVIEW

4 Watch the video. Are any of the adjectives you chose in Exercise 1 mentioned? Which ones?

COMPREHENSION

5 What's the video about? Choose the correct answer. Watch the video again and check.

The video is about

- 1 superheroes.
- 2 helping people.
- 3 families.

6 Match the sentence halves. Watch the video again and check.

- 1 The Earth is an amazing place
- 2 You don't have to be
- 3 Some doctors
- 4 You can help
- 5 Some people

- a look after other members of their family.
- b help people in other countries for free.
- c elderly or poor people in your community.
- d with incredible plants and animals.
- e a superhero to be amazing.

AFTER YOU WATCH

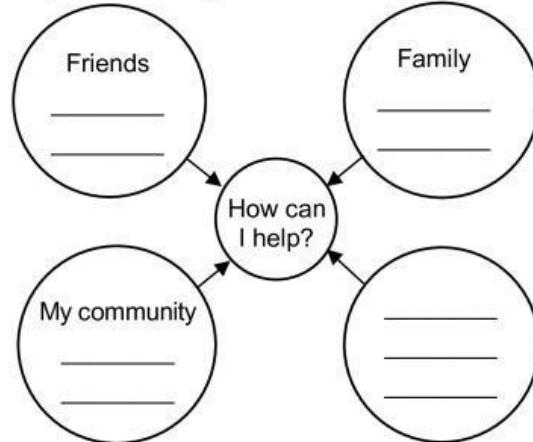
7 Complete the text with the words in the list.

amazing | confident | incredible | positive | superpowers

You don't need ¹ _____. Be ² _____,
³ _____ and good at what you do and you can start
 being ⁴ _____. Just look at all of the amazing people
 around you! Some of them have ⁵ _____ talents and
 others like to help out in their spare time – for free!

OVER TO YOU

8 At the end of the video, the speaker asks 'What do you do to help others?' Complete the spidergram.



9 Work in pairs. Compare your spidergrams. Can you think of something new you could do to help?