

Name _____ Class _____ Date _____

THINK ABOUT

- Circle three adjectives that describe you.
caring | confident | cool | easy-going | friendly
funny | happy | helpful | intelligent | positive
- Compare your list with a partner. Are your choices the same or different? Do you agree with your partner's choices?

BEFORE YOU WATCH

- Look at the picture. What do you think makes these people amazing?



OVERVIEW

- Watch the video. Are any of the adjectives you chose in Exercise 1 mentioned? Which ones?

COMPREHENSION

- What's the video about? Choose the correct answer. Watch the video again and check.

The video is about

- superheroes. ☐
- helping people. ☐
- families. ☐

- Match the sentence halves. Watch the video again and check.

- | | |
|---------------------------------|--------------------------|
| 1 The Earth is an amazing place | <input type="checkbox"/> |
| 2 You don't have to be | <input type="checkbox"/> |
| 3 Some doctors | <input type="checkbox"/> |
| 4 You can help | <input type="checkbox"/> |
| 5 Some people | <input type="checkbox"/> |
- a look after other members of their family.
b help people in other countries for free.
c elderly or poor people in your community.
d with incredible plants and animals.
e a superhero to be amazing.

AFTER YOU WATCH

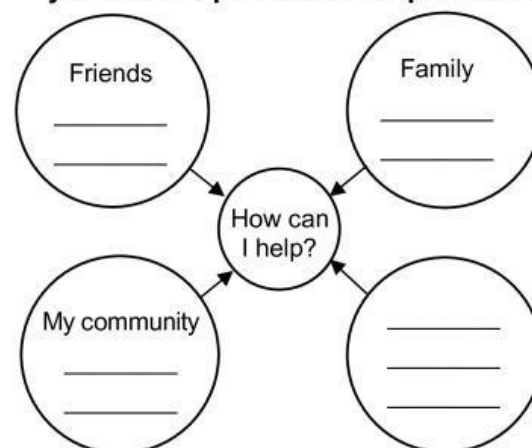
- Complete the text with the words in the list.

amazing | confident | incredible | positive | superpowers

You don't need ¹_____. Be ²_____,
³_____ and good at what you do and you can start
being ⁴_____. Just look at all of the amazing people
around you! Some of them have ⁵_____ talents and
others like to help out in their spare time – for free!

OVER TO YOU

- At the end of the video, the speaker asks 'What do you do to help others?' Complete the spidergram.



- Work in pairs. Compare your spidergrams. Can you think of something new you could do to help?