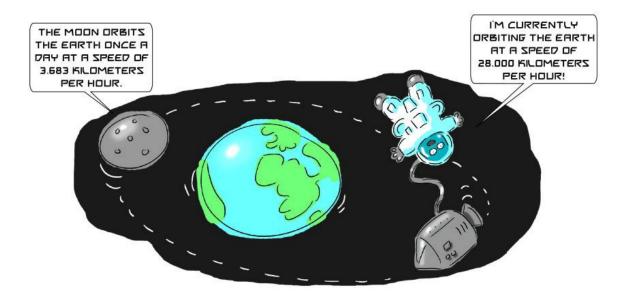
Life

Level 3 Unit 1b

Simple present and present continuous



Presentation

Simple present

Use the simple present to talk about ...

- facts and things that are always true:
 The moon orbits the Earth once a day. (= this is always true)
- things that are generally true:
 I often have problems with my computer. (= this is generally true)
- general tendencies and repeated situations:
 It gets cold at this time of year. (= every year)
- permanent situations:
 Where does he live? He lives with his mom.
 (= there's no plan to change this situation)

Stative verbs

You usually use the simple present with verbs such as *be, like, believe, look, understand,* and *know.* These verbs describe states. You rarely use them in the present continuous form:

I understand what you mean.

I'm understanding what you mean. X

Present continuous

Use the present continuous to talk about ...

- actions happening now:
 I'm currently orbiting the Earth. (= this is happening now)
- something that is happening now or around now:
 I'm having lots of problems with my computer.(= at the moment)
- changing situations:
 It's getting colder. (= at the moment)
- temporary or new situations:
 Where is he living now? He's staying with friends.
 (= for the moment, but this situation will change)

Time expressions and adverbs

You often use these adverbs and expressions with the simple present tense: *always*, *sometimes*, *every day*, *all the time*.

You often use these time expressions with the present continuous: at the moment, currently, now, today.



Level 3 Unit 1b

Exercises

Exercises

- 1 Choose the correct forms.
 - 1 The Earth has / is having a population of 6.7 billion people.
 - 2 The climate of the Earth becomes / is becoming warmer at the moment.
 - 3 As you move toward the equator, the temperature becomes / is becoming warmer.
 - 4 You live in France now but where do you come / are you coming from originally?
 - 5 My family lives / is living in Nigeria for two years. After that we'll move to Alaska.
 - 6 Sorry, I can't hear you because I stand / 'm standing on the platform at the train station.
 - 7 The train comes / is coming into the station now. I'll be home in ten minutes.
 - 8 This car never starts / is never starting in the winter.
 - 9 How often do you take / are you taking a vacation?
 - 10 Do you understand / Are you understanding what I'm saying?
- 2 Complete the article about an internet businessman. Use the simple present or present continuous forms of the verbs in parentheses.

A day in the life of Simon Nixon of www.1	moneysupermarket.com
I normally ¹	(increase). We ⁹

3 Complete these questions for Simon. Use the simple present or present continuous forms.

1	What time do you get up? At seven o'clock.			
2	Why	earlier this week?		
	Because it's a busy period.			
3	When	at work?		
	Around nine.			
4	What	today?		
	The reports on our websites.			
5	How many people	every month?		
	About 6 million.			
6		the number of people who visit your sites		?
	Yes, it is.			
7		easier to stay at the top?		
	No it isn't.			

