



Match the phrases in the box with places 1-12 in the picture. Listen and check.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.

at school / at the shops / in bed
/ in fast food restaurants /
in the car / in the countryside / in
the park / in the playground /
on the bus / on the phone / in
front of the TV / in your room





Complete the sentences below so that they are true for you.
Use words from exercise 1.

Eg: I love being in bed.

1 I like being_____.

2 I don't mind being_____.

3 I don't always like being_____.

4 I sometimes hate being_____.



Complete the *Time of Your Life* quiz with words from Exercise 1. Then choose the correct option in blue.

A. SLEEP: According to some research, a person needs between 5-6 / 7-9 / 10-11 hours ¹..... . In the UK, however, a lot of people sleep for just 6 ½ hours.

B. TRAVEL: São Paulo in Brazil has a large number of cars. Students can spend 5 / 20 / 40 minutes ²..... on a five - kilometre journey to school.

C. STUDY: Students in China are ³..... from 7.30 a.m. until 5 p.m. and in northern China some children have classes 5 / 6 / 7 days a week. Before starting the day, students exercises ⁴..... . In Shanghai, China, students spend 7 / 12 / 14 hours a week doing homework – that's two hours every evening.



Complete the *Time of Your Life* quiz with words from Exercise 1. Then choose the correct option in blue.

D. EATING: In France people spend more than two hours a day having breakfast, lunch and dinner. In the USA people only spend 17 / **67** / 127 minutes a day eating. Americans spend more time than other people ⁵.....

E. IN TOWN: French people like shopping. They spend the most time ⁶.....

F. RELAXING: Americans spend most time ⁷..... and on their computers. In total, teenagers there spend **50** / 100 / 150 hours a week in front of screens.



Ask and answer the questions about your time. Use the Key Phrases in Activity 3

- Use some grammar structures to talk about how you spend your time:

Love / Like / Hate / Don't mind / ... + Being

E.g: I love being in bed.

I don't mind being on the bus

Remember!

in bed, in the playground
at home, at the shops, at school
in front of the TV
on the bus
alone, online, indoors, outdoors



Ask and answer the questions about your time. Use the Key Phrases in Activity 3

1 How much time do you spend travelling to school?

.....

2 How much time do you spend at school?

.....

3 How much time do you spend in your room?

.....

4 Do you spend much time in front of the TV?

.....





Activity 1

Read the forum quickly and find two people who are not happy with the rules at home.

Typo



The rule in our family is – no phones at the table. My dad **bans** phones when we're eating together at home or in a restaurant.

Maya



I don't watch much TV, except a bit on YouTube. But my nan* watches TV a lot. So anyone can spend time in front of screens. 😊

* nan = grandmother

Serzh98

New Member



Our family rules? I'm not allowed to have a computer in my room, but my parents **let** my sister have a PC because 'she's older and she studies more'. But she doesn't!!!

Messifan



I do a lot of sport outside. So my mum allows me to play video games.

Sam15



My mum doesn't **allow** TVs, computers or phones in our rooms. But anyway, I just want to sleep in my bedroom!

Typo



Ooh, my parents only let me play video games when I finish my homework. But I have A LOT of homework so I hardly ever play. 😞



- ☒ **Activity 1** Read the forum quickly and find two people who are not happy with the rules at home.

STUDY STRATEGY

Skimming for gist

- Read the text quickly to understand the general idea.
- Read the text again to understand specific information.

Serzh98 and Typho are not happy with the rules at home.



☒ Activity 1.1 Read the forum again to decide True (☒) or False (☒).

1. Typho's mum sometimes uses her phone in restaurants. ☐

☒ *She goes outside to use it.*

2. Serzh98's sister doesn't spend much time doing homework ☐

3. Sam15 would like to watch TV in her bedroom. ☐

☒ *She doesn't want to watch TV in her bedroom.*

4. Typho doesn't often play video games. ☐



1. ban (v) /bæn/ (ban s.o from s.th) cấm ai làm việc gì

EX: His parents banned him from watching television.

2. let (v) /let/ (let s.o do s.th) cho phép, để cho

EX: My parents let me play video games when I finish my homework.

3. allow (v) / la / (allow s.o to do s.th) cho phép ai làm gì

EX: My mom allows me to watch TV on Sundays.



☒ Read the text on page 12 to complete the sentences☒

My dad phones.

↓
V
(s/es)

My mum TVs in

↓
doesn't + V



Present Simple: affirmative and negative

TIẾNG ANH 7
**Friends
Plus**



Complete the rules with the words from the box.

Complete the sentences with the words in the box. Then check your answers in the forum on page 12.

doesn't

~~don't~~

don't

studies

want

watches

EX: We don't use our phones.

3 Iwatch much TV.

1 She's older and shemore.

4 I just to sleep in my bedroom!

2 But shestudy!

5 My nanTV a lot.

RULES

doesn't habits routines end don't

1. We use the present simple to talk about facts, and

2. Affirmative verbs with -s / es in he / she / it forms.

3. Negative forms use+ infinitive without to after I / you / we / they.

4. Negative forms use+ infinitive without to after he / she / it.



PRESENT SIMPLE

(AFFIRMATIVE AND NEGATIVE)

FORM:

(+) : I / We / You / They / Noun Plural + V + O.

He / She / It / Noun Singular + V-s/-es + O.

Ex: *His friends to music on his phone.*
My dad games.

(-) : I / We / You / They / Noun Plural + DON'T + V bare + O.

He/ She /It / Noun Singular + DOESN'T + V bare + O.

EX: *Her sisters much.*
Tim the lesson.



Choose the correct words.

*Some students **finish** / **finishes** school at 5 p.m.*

1. My mum don't / doesn't like games.
2. She don't / doesn't play much.
3. Mark **study** / **studies** a lot.
4. His friends don't / doesn't work much.
5. My friends and I **watch** / **watches** films on my computer.



Complete the text with the correct form of the verbs in brackets.

Messifan



I (like) my brother, but I ¹ (think) he has a problem. He ² (not sleep) much at weekends because he ³ (play) video games all day and ⁴ (watch) TV all night. His friends ⁵ (not see) him very often because he ⁶ (stay) in his room and he ⁷ (not go) outside. He ⁸ (speak) to us on his mobile phone when he's hungry. I ⁹ (not know) if this is normal.

TIẾNG ANH 7
Friends Plus

Please help!