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| They move your body —help you walK, jump, smile, and play sports. | Found only in the heart. | You cannot control it; it worKs automatically (involuntary). |
| WorKs all the time to pump blood through your body. | Also involuntary— they worK without you thinKing about them. | You control them with your brain (voluntary muscles). |
| Found inside organs liKe the stomach, intestines, and blood vessels. | These muscles are attached to your bones | Help move food through your body and control blood flow. |

LIVEWORKSHEETS