

1.1

LIFE CHANGES

1 VOCABULARY: Facing challenges

A Complete the sentences with the words in the box.

accept adapt resist survive tackle underestimate welcome

1 Law school students often underestimate the amount of homework they will get. It is usually more than they expected.

2 Marisol finally decided to graduate school. She plans to start next year.

3 She didn't take the job because she couldn't accept the low salary.

4 When Daniel moved from Boston to Phoenix, it took him a few months to adapt to the hot climate.

5 I did not think I would survive my first year as a doctor because it was so difficult. Luckily, kind coworkers helped me get through it.

6 If you resist making changes in your life, you won't grow or have new experiences.

7 My boss told me I was tackled to participate in the meeting.

B Match the challenges with the correct solution.

1 You can't take crowds.	<u> </u>	e Study in Mexico.
2 You're capable of managing people.	<u> </u>	b Use a good map.
3 You underestimated the amount of time you needed.	<u> </u>	c Don't go to graduate school.
4 You're frightened of getting lost.	<u> </u>	d Look for training opportunities.
5 You got through medical school.	<u> </u>	e Don't move to a big city.
6 You want to take a step forward in your career.	<u> </u>	f You expect to earn a good salary.
7 You can't get a grip on Spanish.	<u> </u>	g You'll be a good boss.
8 You can't cope with studying for a higher degree.	<u> </u>	h Schedule more time for the task.



2 GRAMMAR: Present habits

A **Circle** the correct answer to complete each sentence.

1 Ivan friends easily. He'll meet a lot of new people when he moves.

a tends to making
 b tends to make
 c is making

2 When I'm looking for a new job, to as many companies as possible.

a I'm applying
 b I applied
 c I apply

3 I trying to learn new skills. I think that's the key to success.

- am constantly
- tend to
- constantly

4 When I take a difficult class, I my professor for help at least once a week.

- am asking
- always asking
- ask

5 I for different ways to stay healthy. Yesterday, I went to a new exercise class.

- always look
- always looking
- am always look

6 When bored with my classes, I think about changing my major.

- feel
- I'm feeling
- I'm feel

B Complete the sentences using the correct form of the verbs in parentheses.

1 I'm always wondering what my life will be like when I retire . (wonder, retire)

2 When she's stressed, she usually her friend Stephan for support. (feel, call)

3 He tends to more after he a new exercise routine. (eat, start)

4 I often about changing my career to something completely different. (think)

5 He's always his friends that they should travel if they ever the chance. (tell, get)

6 I tend to very excited for people when they married. (get, announce)

7 He's always for new opportunities to make money and will all of his friends to support him. (look, ask)



3 GRAMMAR AND VOCABULARY

A Complete the sentences so that they are true for you.

1 I tend to resist trying new kinds of food .

2 I usually underestimate .

3 I'm feeling encouraged by .

4 I survive difficult times by .

5 I'm always adapting to .

6 I tend to accept .

B Write three more sentences with information that is true for you. Use *tend to*, *will*, and the present continuous.

