INSPIRED TOTS EARLY LEARNING CENTER K4 FIRST TERM ASSESSMENT 2025/2026

Health Habits.

1. Personal hygi	ene is a collection of h	abits that people perfo	orm to keep the	emselves clean
and their body	health. True Fo	llse		
2. Mention (4)	parts of your body			and
3. The eyes is t	the organ for	(a) sight	(b) hearing	(c) walking.
4. The tongue is use for		(a) hearing	(b) seeing	(c) tasting
5	is the part of our body	y we use for walking.		
(a) head	(b) legs	(c) hands.		
6is the	part of our body we u	se for smelling.		
(a) teeth	(b) nose	(c) eyes		
7. We can take	care of our body by _			
(a) Bathing	(b) eating	(c) working.		
8 Identify the	following pictures			

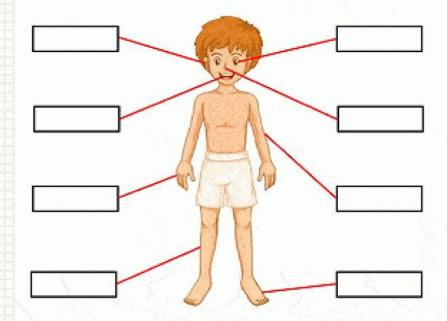


9	and are mater	ials used to take care of our
body?		
(a) soap, water and sponge	(b) oil, sand and water	(c) spoon, plate and cup
10. Washing our hands afte	r using the restroom is part of	ways we can care for our body
True false.		
11.Reading with bright light	and eating carrot is part of wo	ays we can care for the eyes.
True false.		

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Label the parts of the body below.

arm hand leg foot eye mouth ear nose



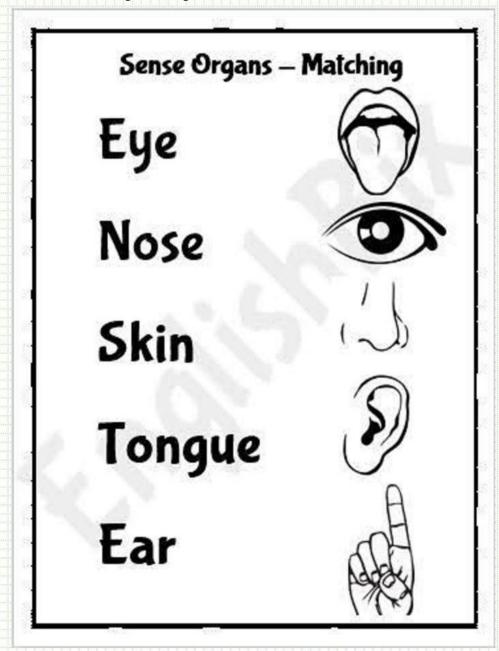
12.	Wearing of	clean clothes	is part of	f ways we co	an care for	our body.	True/False
13		not a way of l					

- 13. _____ is not a way of keeping our body clean
- (a) brushing (b) sleeping (c) washing
- 14. We should take our bath ____ daily.
- (a) twice (b) trice (c) once.
- 15. The teeth is use for ____(a) chewing (b) swallowing (c) talking
- 16.____and ____ are used to care for the teeth.
- (a) toothbrush and toothpaste (b) oil and sand (c) soap and sponge.



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17. Match the following sense organs.



BLIVEWORKSHEETS