

Paralympic SPORTS

The Paralympic Games take place every two years. There are Winter Games and Summer Games. Athletes with physical disabilities from different countries compete for gold, silver and bronze medals.

The Paralympic Games have a lot of different competitions for a lot of different sports. There are 22 sports in the Summer Games and five sports in the Winter Games.

Here's a description of two popular sports played in the Paralympic Games.



Wheelchair rugby

INTERESTING FACT!

2022 Winter Paralympics medal table

Country	Gold	Silver	Bronze	Total
1 China	18	20	23	61
2 Ukraine	11	10	8	29
3 Canada	8	6	11	25



Sitting volleyball

1

WR You play this sport on an indoor court. **Players** are in **wheelchairs**. They need a ball. They pass the ball from one person to another.

2

_____ You play this sport on a court inside. Players sit on the floor. They need a net and a ball. Teams need to hit the ball over the net in three turns using their arms.

3

_____ Each team has six players on the court. Each team is on a different side of the net.

4

_____ There are 12 players on a team, but there are only four players on the court for each team at one time. For a goal, the team carries the ball over the opposite team's line and two wheels need to cross the line.

5

_____ The net is lower than in the Olympic version. In the Olympic version, the players stand.

6

_____ The indoor court is smaller than in the game played outside. It is the same size as a basketball court. The **goal lines** are at the far ends of the court.

3 Read the texts again and complete the table.

	Sitting volleyball	Wheelchair rugby
Where do you play?	1 _____	2 _____
What do they need?	a ball and a 3 _____	wheelchairs and a 4 _____
How many players are there in a team?	5 _____	6 _____
How many players from each team are on the court?	7 _____	8 _____

4 Find the words **highlighted** in the text and choose the correct meanings, a or b.

1 medal

a a type of ball b a prize in a sports competition

2 wheelchair

a something people use when they can't walk
b something people use to stand on

3 court

a a place with seats b an area for games

4 player

a a person in a wheelchair b a person playing a game

5 goal line

a a line you pass to get points
b the number of players in a team