

7 Choose the correct option, A, B, C or D. Which sentences are true for you?

- 1 Dad says it's important to set _____ standards for yourself.
A fine B tall C high D big
- 2 My sister has a _____ imagination and draws incredible pictures.
A vivid B detailed C sharp D strong
- 3 The last film I saw was rubbish. I was _____ disappointed.
A totally B absolutely C bitterly D completely
- 4 Most of my online friends are best described as _____ acquaintances.
A occasional B casual C nearby D relaxed
- 5 I eat well and try to lead a _____ lifestyle.
A strong B fit C wise D healthy

8 Complete the questions with one word in each gap.

- 1 Do you sometimes doubt yourself or are you always _____ confident?
- 2 Are you messy or _____ and tidy?
- 3 Are you shy or do you like being the _____ of attention?
- 4 Are you a good citizen? Have you ever _____ the law?
- 5 Are you emotional? How likely are you to _____ into tears?
- 6 Can you remember the last time you _____ with laughter?

SHOW WHAT YOU'VE LEARNT UNITS 1-2

10 USE OF ENGLISH Complete the second sentence so that it has a similar meaning to the first. Use between two and five words including the word in capitals. Do not change the word given.

- 1 People describe me as independent or rebellious. **FREE**
People describe me as _____.
- 2 Students at our school don't have to wear school uniform. **REQUIRED**
Students at our school _____ to wear school uniform.
- 3 My best friend is very shy and hates it when everybody looks at her. **ATTENTION**
My best friend is very shy and hates _____.
- 4 Someone's posted a funny video on the school website. **BEEN**
A funny video _____ on the school website.
- 5 If my parents shouted at me when I was younger I used to start crying. **INTO**
If my parents shouted at me when I was younger I used to _____.
- 6 My last exam results were extremely disappointing. **BITTERLY**
I _____ my last exam results.

1 Choose the correct option.

- 1 Max has a *mean* / *nasty* habit of coughing without covering his mouth.
- 2 Her *incredible* sense / *feeling* of humour has made her popular among her colleagues.
- 3 Yesterday's flooding of several neighbourhoods was the result of *hard* / *heavy* rainfall.
- 4 He had raised his voice and I could hear him loud and *clearly* / *clear* from the other room.
- 5 Sam *shook* / *shrugged* her shoulders in reply when I asked her if she wanted to go out.

2 Choose the correct option, A, B or C to complete the sentences.

- 1 When I finally heard the news I just _____ into tears. It was such a relief.
A fell B broke C burst
- 2 Diana is _____ shy and she absolutely hates speaking in public.
A bitterly B painfully C perfectly
- 3 When the lights suddenly _____, several people in the hall screamed.
A went out B switched off C closed down
- 4 Make sure you hold the fabric _____ in place while you stitch around the edges.
A clearly B tightly C strongly
- 5 If everyone's prepared to compromise, I'm sure we can _____ an agreement.
A reach B find C make
- 6 If they start talking about the competition, just _____ quiet and pretend you don't know anything.
A come B keep C hold
- 7 The company expects _____ standards of all its staff, especially those dealing directly with customers.
A high B full C good
- 8 Joanna's always had a _____ imagination. It's no surprise she became a novelist.
A strong B creative C vivid

3 Complete the text with the words in the box. There are two extra words.

attention come interest leave neat
normal quiet smart spare strong

Empty Nest Syndrome

When children ¹ _____ home to go off to university, many parents are looking forward to a ² _____ life without all the noise and disruption of a houseful of teens. They dream about how easy it'll be to keep the house ³ _____ and tidy at last. They plan to turn the kids' bedrooms into ⁴ _____ rooms so that friends can come and visit. They can't wait to do things as a couple again without the kids being the centre of ⁵ _____.

But when the time comes and the house is suddenly quiet, it can ⁶ _____ as a bit of a shock. Many parents experience ⁷ _____ feelings of loss. Others suffer anxiety about how their offspring are coping without them. All these emotions are perfectly ⁸ _____ though and just part of adjusting to a new stage of life. There's even a name for it: Empty Nest Syndrome.