

Test

V-1

1. Listen to the text and put the sentences in order.

Listening.

- _____ Her dream was to climb a mountain.
- _____ It wasn't snowing, but the climb was hard.
- _____ Geraldine grew up in the Swiss Alps.
- _____ It was a perfect morning for a flight.
- _____ At the age of ten she liked snowboarding.
- _____ Then the women were flying.

Reading

**2. Read the teenagers' problems and choose the correct advice on how to cope with them.
Write Alice / Peter / Ben for each kind of solution.**

Teenagers' Problems

1. Alice: I always feel tired, and I can't sleep at night. It's a problem for me because I have to go to school in the morning. It's difficult for me. What should I do to cope with this?
2. Peter: I broke my leg in a game last week. The doctors say I should stay at home and rest for four weeks. I'm really bored! What should I do?
3. Ben: My friends love playing soccer, but I'm really bad at it. They talk about soccer all the time, and I never know what to say because I don't follow any teams. What should I do?

Your solutions

A. Do you have a healthy diet? You shouldn't have chocolate or cheese after dinner. Caffeine is bad, too, so you shouldn't drink coffee. _____

B. Don't worry about them. Find people with interests like yours.

What do you like – music, games, movies, ... ? _____

C. Do you stay in shape? You should exercise twice a week and go to bed early. _____

D. Why not write fan fiction? It's when people write their own ending for their favourite movies or books. It's really popular right now. _____

E. As for me, I wasn't very good at volleyball, but now I go to a sports club. I'm not the best player, but I love playing! Perhaps you could choose a different kind of sport that interests you more? _____

F. You shouldn't just look at social media all day. Do something cool, like learn coding. _____

Writing

4. Complete the sentences with the verbs in Past Continuous or Past Simple.

1) What _____ you _____ (do) while I _____ (watch) the football match?

2) My cousin _____ (run) at the stadium when I _____ (see) him.

3) Bob _____ (go) to the sports club when he _____ (meet) his friend.

4) Jack _____ (not play) cricket at that time yesterday.

5) At five o'clock yesterday my classmates _____ (swim) in the swimming-pool.

6) My sister _____ (relax) in SPA when I _____ (need) her help.