



# STAR FRUIT



Star fruit, also known as carambola, is a fascinating fruit with a unique, star-like shape. When you slice it horizontally, each piece looks like a perfect five-pointed star. The fruit has a thin, edible, waxy skin that can be yellow or green. It has a crisp texture, similar to a grape, and a juicy interior. The flavour is a blend of sweet and tangy, often compared to a mix of grapes, oranges, and apples.

Star fruit grows on a small tree native to tropical regions of Southeast Asia. You can eat the entire fruit, including the skin and the small, dark seeds in the centre. Because of its beautiful shape, star fruit is often used as a garnish for salads, drinks, and desserts. It's not just pretty to look at; it's also a great source of Vitamin C and antioxidants, making it a healthy and delicious snack.

**ANSWER THE QUESTIONS BELOW AFTER READING THE TEXT!**

- 1. What is another name for Carambola?**
- 2. Where is the Carambola fruit native to?**
- 3. What is the taste of Carambola similar to?**
- 4. What vitamins and nutrients are found in Carambola?**
- 5. How is the Carambola fruit often used in dishes?**