

## Conflict, Communication, and Assertiveness

Name: \_\_\_\_\_ Date: October 8<sup>th</sup>, 2025

Class: 12th Grade Health Teacher: Mrs. Soto

### Part 1: Activate Prior Knowledge

Question: 

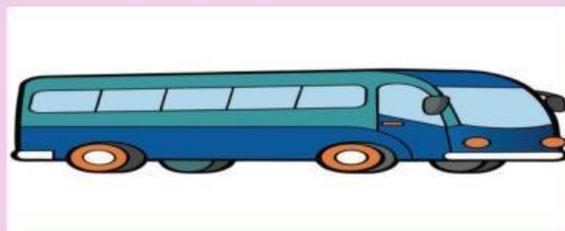
What happens when people don't communicate assertively?

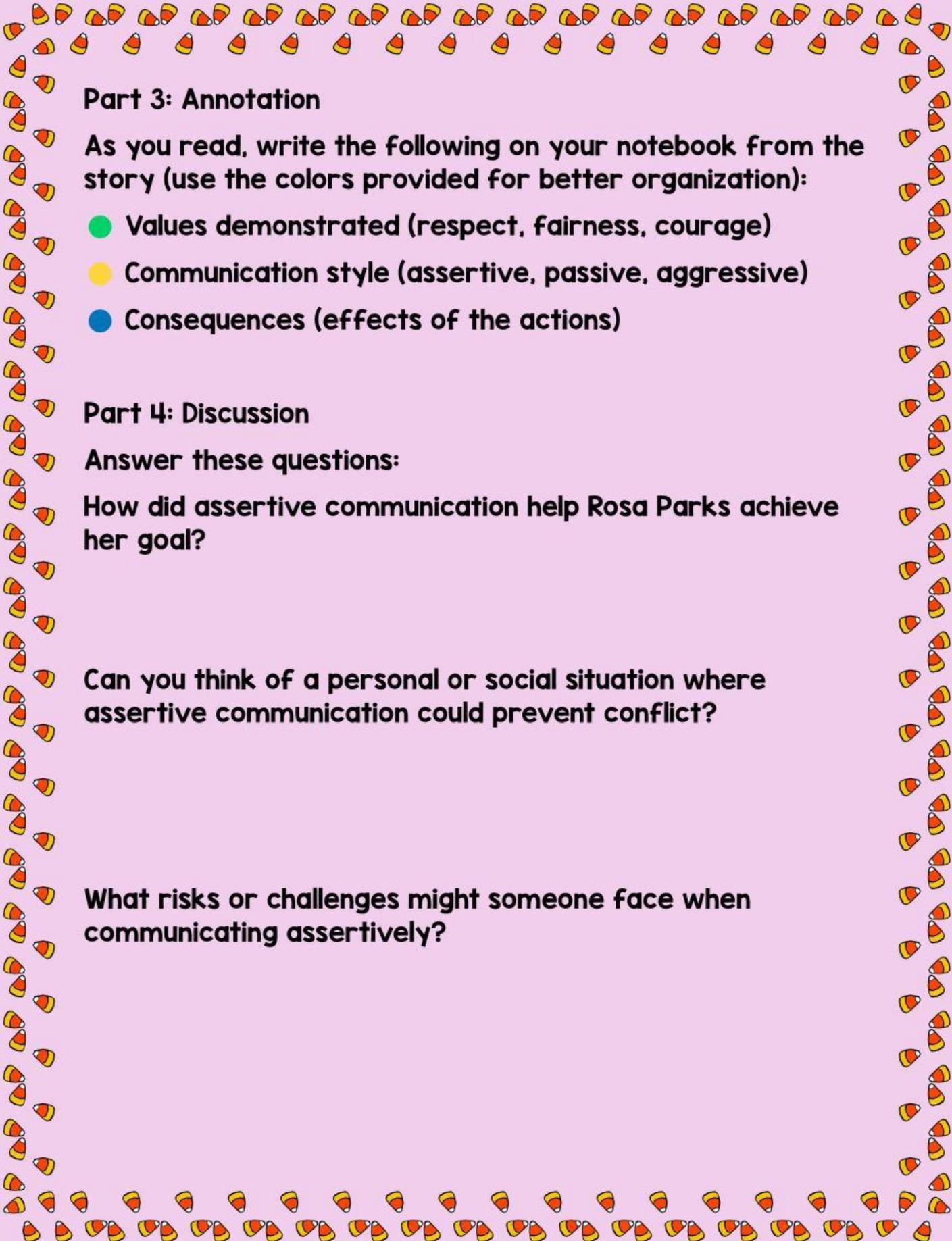
Write a few ideas:

### Part 2: Reading Activity

#### Case Study: Rosa Parks and the Power of Assertive Action

In 1955, Rosa Parks refused to give up her seat to a white passenger on a bus in Montgomery, Alabama. Her calm but firm refusal was an act of assertive communication - she expressed her rights clearly without resorting to aggression. This action sparked the Montgomery Bus Boycott, showing how one person's assertiveness can challenge injustice and inspire a community.





### Part 3: Annotation

As you read, write the following on your notebook from the story (use the colors provided for better organization):

- Values demonstrated (respect, fairness, courage)
- Communication style (assertive, passive, aggressive)
- Consequences (effects of the actions)

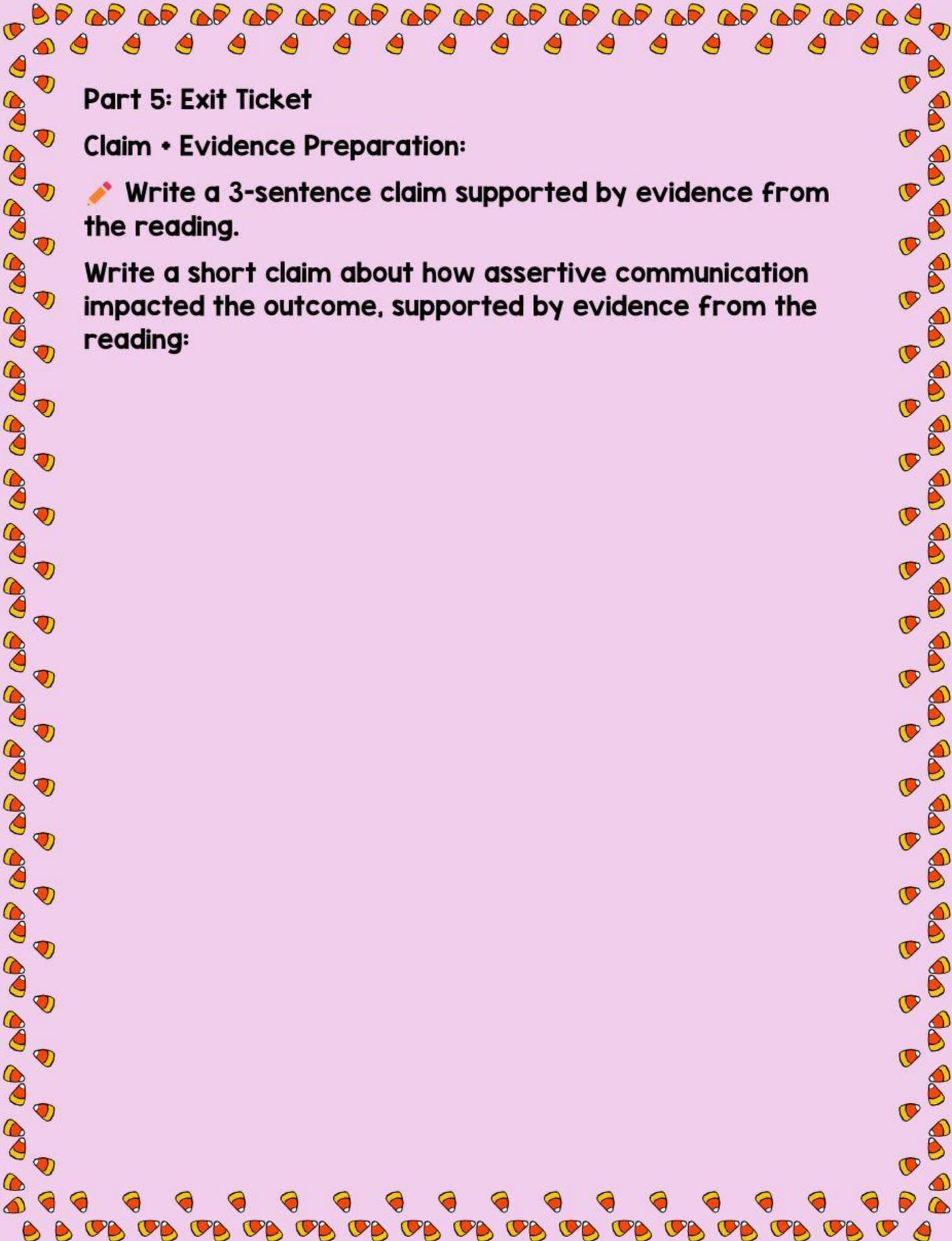
### Part 4: Discussion

Answer these questions:

How did assertive communication help Rosa Parks achieve her goal?

Can you think of a personal or social situation where assertive communication could prevent conflict?

What risks or challenges might someone face when communicating assertively?



## Part 5: Exit Ticket

### Claim + Evidence Preparation:

 Write a 3-sentence claim supported by evidence from the reading.

Write a short claim about how assertive communication impacted the outcome, supported by evidence from the reading: