

1 Complete the statements in the table with a verb. You have the first letter to help you.

	Disagree	→ Agree
1 People where I live usually e_____ well.	1 2 3 4 5	
2 It's easy to s_____ slim.	1 2 3 4 5	
3 It's difficult to k_____ fit.	1 2 3 4 5	
4 It's good to s_____ down in the evenings.	1 2 3 4 5	
5 We should all d_____ more exercise _____ every day.	1 2 3 4 5	
6 We should always w_____ up the stairs in a building.	1 2 3 4 5	
7 10.30 p.m. is the best time to g_____ to sleep.	1 2 3 4 5	
8 We should all j_____ a gym.	1 2 3 4 5	
9 It's better to w_____ around the city than take transport.	1 2 3 4 5	
10 It's a good idea to s_____ up and work at your desk.	1 2 3 4 5	

2 Do you agree with each statement? Circle the correct number for you.

3 Work in a group. Compare your ideas. Can you agree on a number for each statement?