

1 Choose the correct words to complete the sentences.

- 1 Adam was / *were* training for the football team today.
- 2 They *playing* / *were playing* tennis yesterday afternoon.
- 3 What *were* / *was* Tina and Lara doing this morning?
- 4 The coach *wasn't* / *weren't* watching the match on TV.
- 5 Were you *worked out* / *working out* with your trainer after school?
- 6 They were *windsurf* / *windsurfing* at the lake all last summer.

2 Complete the sentences with the positive form of the verbs in the past continuous.

- 1 Manchester United *was winning* 1-0, but then the other team scored at the last minute. (win)
- 2 My brother in the mountains when he slipped and broke his leg. (climb)
- 3 I a stunt on my bike, but there was a problem with the gears and I fell off! (do)
- 4 They in an athletics competition last weekend. (take part)
- 5 We the World Cup final on TV when there was a power cut! (watch)
- 6 The boys the volleyball match, and then Tom scored the winning point. (lose)