

5 Match the words to their definitions.

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|-------------------|-----------------------|
| 1 work out (verb) | A a type of transport |
| 2 train (noun) | B be the same |
| 3 fit (verb) | C physical activity |
| 4 trainers (noun) | D solve a problem |
| 5 exercise (noun) | E sports shoes |
| 6 match (verb) | F be the right size |

6 Decide if the words in bold are nouns (N) or verbs (V).

Last weekend, my team took part in an ice hockey competition. Our ¹ **coach** (N.) trained us all month long for the ² **match** (....). As well as doing regular ³ **exercise** (....), we were ⁴ **training** (....) three times a week before the event. Our coach is a great ⁵ **trainer** (....), and he really makes us ⁶ **work out** (....) to the maximum. We travelled to the competition by ⁷ **coach** (....). The driver couldn't ⁸ **work out** (....) how to get to the sports centre at first and we got a bit lost, but eventually we found the place. We played really well, and we won our match by twenty ⁹ **points** (....). I think it was my lucky ¹⁰ **trainers** (....) that made me play well!

2 Circle the odd sport out.

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|--------|--------------|------------|------------------|
| 1 play | table tennis | rugby | <i>(cycling)</i> |
| 2 do | gymnastics | tennis | athletics |
| 3 go | windsurfing | gymnastics | jogging |
| 4 play | volleyball | climbing | ice hockey |
| 5 go | squash | swimming | surfing |

3 Read the definitions and write the sports using the words in the box.

gymnastics	ice skating	jogging
table tennis	volleyball	windsurfing

- 1 a sport that involves running: *jogging*
- 2 a sport with two players:
- 3 a team sport:
- 4 a water sport:
- 5 a sport that involves dancing on ice:
- 6 an indoor sport that uses different equipment, like a bar, a beam and the floor: