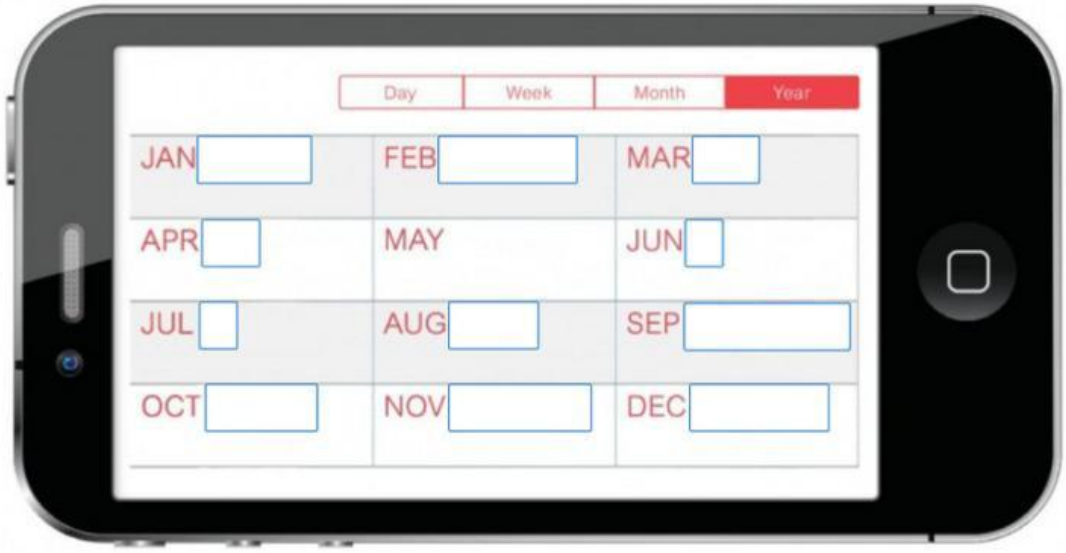
Vocabulary
Page 34

a 4.16 Complete the months in the phone calendar. Listen and check.



LIVEWORKSHEETS

Vocabulary
Page 157

Time

2 EXPRESSIONS OF FREQUENCY

a Complete the expressions.

How often do you see your friends?

1	every /ˈɛvri/ *day*	M, T, W, Th, F, S, S
2	every w	week 1, week 2, week 3, etc.
3	every m	January, February, March, etc.
4	every y	e.g., 2017, 2018, 2019, etc.
5	once /wʌns/ a	e.g., only on Mondays
6	twice /twaɪs/ a	e.g., on Mondays and Wednesdays
7	three times a	e.g., on Mondays, Wednesdays, and Fridays
8	four times a	e.g., in January, April, July, and October

3 ADVERBS OF FREQUENCY

a What do the highlighted words mean? Match sentences 1–6 to a–f.

1 *b* I always /ˈɔlweɪz/ get up at 7:00 during the week.
2 ☐ I often /ˈɔfn/ go to the movies after work.
3 ☐ I usually /ˈyuʒuəli/ finish work at 6:00.
4 ☐ I sometimes /ˈsʌmtaɪmz/ meet a friend for lunch.
5 ☐ I hardly ever /ˈhɑrdli ˈɛvər/ go to the theater.
6 ☐ I never /ˈnɛvər/ have coffee.

a About seven or eight times a month.
~~b I start work at 8:00 every day.~~
c But on Fridays we stop at 3:00.
d I don't like it.
e Only once or twice a year.
f About once or twice a month.

DuocUC
LIVEWORKSHEETS

Grammar Page 34

b Look at the position of the highlighted words and expressions. Circle the correct rule.

1 Adverbs of frequency (e.g., *usually*) go:
before / *after* a main verb.
before / *after* the verb *be*.

2 Expressions of frequency (e.g., *every week*) go *at the* *beginning* / *at the end of* a phrase or sentence.

American teenagers may, for the first time in the nation's history, live shorter lives than their parents because of their unhealthy lifestyles. According to recent research:

- 96% spend more than five hours looking at a screen every day.
- 86% hardly ever eat fruit or green vegetables.
- 75% don't usually sleep for eight hours a day – the average is seven hours.
- 34% eat fast food at least once a day.
- 33% drink more than four sugary drinks every day.
- 31% are often very stressed.
- 25% never play sports or exercise.

DuocUC

LIVEWORKSHEETS

Grammar Bank (Page 131)

4C

a Put the adverb of frequency in the correct place in the sentence.

They drive – they don't have a car. **never**
They never drive – they don't have a car.

1 I walk to work. **always**
2 Do you wear glasses? **usually**
3 I'm bored. **hardly ever**
4 She does the housework. **sometimes**
5 We go to the movies. **hardly ever**
6 Why are you late? **always**
7 My girlfriend is stressed. **never**
8 Does it rain in December? **often**

DuocUC

LIVEWORKSHEETS

How often do you...?
Page 104

Interview your partner. **A** ask the questions in the questionnaire. **B** answer and give more information if you can. Then change roles.



Now calculate your partner's score.
a = 5 b = 7 c = 10
Total score = number of years you live

How often do you...?

1 have breakfast
- ☐ a hardly ever / never
- ☐ b sometimes / usually
- ☐ c always

2 eat fresh fruit and vegetables
- ☐ a hardly ever / never
- ☐ b once a day
- ☐ c three times a day

3 eat fast food
- ☐ a often
- ☐ b sometimes, not often
- ☐ c hardly ever / never

4 exercise
- ☐ a hardly ever / never
- ☐ b once or twice a week
- ☐ c three or four times a week

5 feel tired or stressed
- ☐ a always / often
- ☐ b sometimes
- ☐ c hardly ever / never

6 drink soda
- ☐ a every day
- ☐ b sometimes
- ☐ c hardly ever / never

7 see your friends
- ☐ a sometimes
- ☐ b often
- ☐ c very often

How many...?

8 hours do you usually sleep a day
- ☐ a 0 to 4
- ☐ b 5 to 6
- ☐ c 7 to 9

9 cups of coffee do you drink a day
- ☐ a more than five
- ☐ b usually only one or two
- ☐ c I don't drink coffee.

10 Which of these is true for you?
- ☐ a I'm not very positive about life.
- ☐ b I'm usually positive about life.
- ☐ c I'm always positive about life.

DuocUC
LIVEWORKSHEETS