



Rice



bread



cake



cheese



sweet potatoe



potato



cassava



peanuts



corn



pasta



pizza



omlete



donnut





chicken



beef



pork



lamb



fish



octopus



crab



lobster



prawn



tuna



sardine



oyster



catfish



squid



sword fish



milk



tea



coffee



orange juice



avocado juice



apple juice



soursop juice



lemonade



hot chocolate