



# TIẾNG ANH CÔ QUỲNH

Tiếng Anh toàn diện và nâng cao cấp 1-2-3

Luyện thi chuyên cấp - IELTS - Cambridge

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## MỆNH ĐỀ QUAN HỆ RÚT GỌN – THPT QG

1.

Waking up early and taking a shower bring many benefits. People (1) \_\_\_\_\_ their day with cool water feel more energetic. The cold water (2) \_\_\_\_\_ over the skin improves blood circulation, making them feel refreshed. A shower, the first thing (3) \_\_\_\_\_ early in the morning also enhances mood and boosts focus. This simple habit helps reduce stress, keeping the mind clear.

**Question 1.** A. to start      B. started      C. starting      D. start

**Question 2.** A. flowing      B. flow      C. to flow      D. flown

**Question 3.** A. taking      B. to be taken      C. to taking      D. taking

2.

Summer in Northern Vietnam, which lasts from May to August, is extremely hot and humid. The temperatures (4) \_\_\_\_\_ up to 40°C make daily activities exhausting. Many people (5) \_\_\_\_\_ the heat travel to coastal areas. Refreshing drinks (6) \_\_\_\_\_ on every street corner help locals stay cool. Despite the heat, summer brings vibrant festivals, making it an exciting season for travellers.

**Question 4.** A. reaching      B. reach      C. reached      D. to reach

**Question 5.** A. to escape      B. escaped      C. escape      D. escaping

**Question 6.** A. selling      B. to sell      C. sold      D. sell

3.

Working on Saturdays can be exhausting. Employees (7) \_\_\_\_\_ to sacrifice their weekends often feel stressed. The workload (8) \_\_\_\_\_ on this day disrupts their work-life balance. Many people even struggle with burnout. While some companies offer compensation, the fatigue (9) \_\_\_\_\_ by continuous work remains a major issue. A proper schedule is essential to maintain productivity and well-being.

**Question 7.** A. have      B. having      C. to have      D. had

**Question 8.** A. to assign      B. assigning      C. assigned      D. assign

**Question 9.** A. caused      B. cause      C. to cause      D. causing

4.

Gardening provides both physical and mental benefits. Those (10) \_\_\_\_\_ time in the garden often feel more relaxed. Tasks such as digging and watering improve strength and flexibility. Many people (11) \_\_\_\_\_ joy in nature consider gardening a form of therapy. This is because the plants (12) \_\_\_\_\_ with care create a peaceful environment. Besides, fresh vegetables (13) \_\_\_\_\_ from home gardens promote a healthier lifestyle.

**Question 10.** A. spend      B. spending      C. to spend      D. spent

**Question 11.** A. finding      B. find      C. found      D. to find

**Question 12.** A. grow      B. grown      C. to grow      D. to growing

**Question 13.** A. to harvest      B. harvesting      C. harvest      D. harvested

5.

Close friends play an important role in life. They are one of the most important source of support (14) \_\_\_\_\_. during hard times and bring happiness through shared moments. A friend (15) \_\_\_ honest advice helps us make better decisions. Their presence (16) \_\_\_ comfort and encouragement makes challenges easier to handle. Trust (17) \_\_\_ over time strengthens the bond. Even in silence, the understanding existing between true friends is undeniable. Having good friends means never facing life's struggles alone.

**Question 14.** A. needing      B. to need      C. needed      D. to be needed

**Question 15.** A. offering      B. to offer      C. offered      D. offer

**Question 16.** A. given      B. giving      C. to give      D. give

**Question 17.** A. to build      B. built      C. building      D. build

6.

Weather (18) \_\_\_\_\_ our daily lives also influences emotions. A bright, sunny day (19) \_\_\_\_\_ warmth and energy often lifts the mood and makes people feel more motivated. In contrast, rainy days (20) \_\_\_\_\_ with grey skies can create a sense of sadness or depression. Cold weather (21) \_\_\_\_\_ people to stay indoors sometimes leads to loneliness. However, the beauty found in every season reminds us that every kind of weather has its own charm and emotional impact.

**Question 18.** A. affects      B. affecting      C. affected      D. to affect

**Question 19.** A. bringing      B. brought      C. brings      D. to bring

**Question 20.** A. to fill      B. fill      C. filling      D. filled

**Question 21.** A. to force      B. forced      C. forces      D. forcing

7.

My class presentation was an unforgettable experience. When I finally stood in front of the class, my heart raced. I was the only person (22) \_\_\_\_\_ a complex topic because I wanted to test myself, I stayed focused and tried my best. My classmates, (23) \_\_\_ closely, made me quite nervous, but my best friend John encouraged me. I then started my presentation. The visuals (24) \_\_\_ carefully supported my points well. In the end, after answering a few questions (25) \_\_\_ by the teacher and other classmates, I felt relieved and proud.

**Question 22.** A. choosing      B. to choose      C. to be chosen      D. to choose

**Question 23.** A. watching      B. watched      C. watch      D. to watch

**Question 24.** A. to design      B. design      C. designing      D. designed

**Question 25.** A. to raise      B. raising      C. raise      D. raised

8.

The most serious issues (26) \_\_\_\_\_ both residents' quality of life and the city itself are resulted from overpopulation. Streets (27) \_\_\_ with heavy traffic lead to longer commuting times. Apartment buildings (28) \_\_\_ hastily to accommodate growth often lack safety and necessary services. Moreover, resources (29) \_\_\_ among too many people lead to job shortages and higher living costs.

When too many live in one area, air and water pollution will degrade environmental quality and cause infectious diseases. In addition, green spaces (30) \_\_\_ due to urban expansion contributes even more to the problem. Without proper management, cities with rapid population growth will continue to suffer from deteriorating living conditions and increased social unrest.

**Question 26.** A. impact      B. to impact      C. impacted      D. impacting

**Question 27.** A. to fill      B. fill      C. filled      D. filling

**Question 28.** A. constructed      B. constructing      C. construct      D. to construct

**Question 29.** A. to divide      B. divide      C. dividing      D. divided

**Question 30.** A. disappear      B. disappearing      C. to disappear      D. disappeared

