Section 1 – Vocabulary Practice

1. **Fill in the blanks with adjectives (fun, boring, exciting, cool):**
   - Playing football is _____.
   - Doing homework is _____.
   - Riding a bike is _____.
   - Reading books is _____.
2. **Choose the correct option (multiple choice):**
   - Tennis is (fun/boring/exciting).
   - Watching TV all day is (fun/boring/cool).

Section 2 – Grammar: Past Continuous

Exercise A - Complete with the past continuous (was/were + verb -ing):

a. I _____ (play) tennis when my friend called.

b. They _____ (watch) TV while mom was cooking.

c. She _____ (ride) her bike when it started to rain.

d. We _____ (study) English while the teacher was writing.

e. She _____ (listen) to music when her mom arrived.

f. We _____ (play) football when it started to rain.

g. I _____ (watch) TV while my brother _____ (cook).

h. They _____ (ride) their bikes while their friends _____ (run).

i. My dad _____ (read) the newspaper when the phone rang.

Exercise B – Choose the correct option

Select the correct answer.

1. I was (study / studying) when my sister came home.

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2. They (was playing / were playing) basketball while it was sunny.
3. She (were reading / was reading) a book when the lights went out.
4. We were (watching / watch) a movie when the teacher arrived.
5. He (was listening / were listening) to music while he was walking.

Exercise C. Rewrite the sentences using *when* or *while*:

I was reading. My brother was playing video games.
→ I was reading **while** my brother was playing video games.

Join the sentences with ***when*** or ***while***.

1. She was riding her bike. It started to rain.
   → _____
2. I was doing my homework. My dad was watching TV.
   → _____
3. They were swimming. The teacher arrived.
   → _____
4. We were eating pizza. My friend was calling me.
   → _____
5. He was reading. His mom was cooking.
   → _____

Exercise D – Error Correction

Find and correct the mistakes.

1. They was playing football when it started to rain.
2. I were watching TV while my mom cooked.
3. She was listen to music when her friend called.
4. We was play basketball while it was sunny.
5. He were reading a book when the lights goes out.

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Section 3 – Reading Comprehension

Read the text and answer.

Yesterday afternoon, I was at the park with my friends. We were playing basketball, and it was a lot of **fun**. Some children were swimming, but it looked **boring**. Later, I was riding my bike **when** it started to rain. It was **exciting**! My sister was reading a book **while** she was listening to music.

Questions:

1. What sport was fun?
2. What activity was boring?
3. What happened when it started to rain?
4. What was the sister doing?
5. Underline the adjectives in the text.

Section 4 – Writing Practice

Complete the sentences with your own ideas.

1. Yesterday I was _____ when _____.
2. My friend was _____ while I was _____.
3. Playing _____ is _____.
4. Watching _____ is _____.

Section 5 – Pair Work / Dialogue

Example model:

A: Do you like basketball?
B: Yes, it's fun. What about swimming?
A: No, it's boring. Yesterday I was swimming when it started to rain.
B: Really? I was reading while my brother was watching TV.

Change the underlined words and make your own dialogue.

A: Do you like _____?

B: Yes, it's fun. What about _____?

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A: No, it's boring. Yesterday, I was _____ when _____.

B: Really? I was _____ while my brother was _____.

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