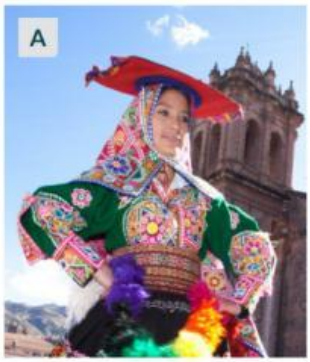
Listen to three people being asked to describe themselves. What aspects of their identity does each person mention? Which aspects of identity are shown in photos A–D?

A



B



C



D



QUIZLET

capable | compassionate | conceited | dedicated | defensive | passionate | resilient | self-aware | self-centred | self-obsessed | tough | trustworthy | underconfident

Carrie	Sarah	James

Read the article about identity below. In pairs, discuss the questions.

1. Why is it important to get to know yourself?

2. Which of the four elements of identity do you find most important? Say why.

LIVEWORKSHEETS

THE PERSON I KNOW BEST?

How well do we know ourselves? Do we understand what makes us tick? Take a moment to stop and think about the things that define us.

INTERESTS

Some people find it easy to follow their passion. They've always been nuts about music or horses or fashion. But what if we are not really sure what our thing is? Maybe we could think about the times in the last few weeks when we have felt absorbed by something, or remember the things we used to get a kick out of when we were children. One of those might just turn into a lifelong hobby or even a career.

VALUES

What values do we set great store by? Do we prize spontaneity or stability? Are we rather laid-back or strong-willed? How crucial is commitment? How highly do we rate tactfulness over frankness? When we know this, we can consider whether the choices we make are in line with these values.

POSSESSIONS

What kind of car would we ideally plump for? Maybe we always buy the same type of phone? These sorts of decisions can also say a lot about us. Or maybe we are not that into possessions themselves, but have a small collection of items with real sentimental value. The things we choose to use regularly or to surround ourselves with can also define us, which is why we might find new friends checking out our books or music collection.

TRIBE

Who do we choose to spend time with? Our 'tribe' is a key part of our identity. If we are a Real Madrid supporter,or a history student, or a kind-hearted volunteer, we're already hanging out with like-minded people. If you haven't found your tribe yet, be more open-minded – get out there, try some new things and meet some new people.

When we know these things, it's easier to be ourselves and to find careers and the tribe that we really click with.

A. What makes us tick	1. Have a feeling of excitement and energy.
B. Be nuts about	2. Not be very keen on something.
C. Get a kick out of	3. Match with.
D. Set great store by	4. Something which makes us behave in a certain way.
E. Be in line with	5. Hit it off with someone.
F. Plump for	6. Reveal our traits.
G. Say a lot about us	7. Be crazy about something.
H. Be not that into	8. Choose.
I. Click with	9. Consider something to be important.

LIVEWORKSHEETS

Complete the fixed expressions in bold with the prepositions from the box. Some prepositions can be used more than once.

about by for into ~~out~~ with

1 I really **get a kick** out **of** renovating furniture.

2 He **is nuts** _____ remote control cars.

3 She **sets great store** _____ good table manners.

4 Their salaries should be increased **in line** _____ inflation.

5 It was a tough choice, but I finally **plumped** _____ the blue one.

6 Your results **say a lot** _____ how hard you must have worked.

7 I'**m** just **not that** _____ cooking, it's too much effort.

8 I **clicked** _____ her straightaway and we've been friends ever since.

Complete the sentences with the compound adjectives from the box.

Keyboard instructions

Move

like-minded | high-spirited | strong-willed | streetwise | laid-back | thin-skinned | kind-hearted | forward-looking | tight-fisted | narrow-minded | absent-minded | highly strung

1 She's so tight-fisted that when she opens her purse, moths fly out!

2 I joined this club hoping to meet DRAG ITEM HERE people I'd have something in common with.

3 She's always been really DRAG ITEM HERE . Once she makes up her mind, there's no shifting her.

4 He's so DRAG ITEM HERE that some people take advantage of it.

5 Their dog is rather DRAG ITEM HERE . He barks whenever anyone walks past the house.

6 I'm so DRAG ITEM HERE I can't find my glasses even when they're on top of my head!

7 Because he was brought up in a small village, he isn't very DRAG ITEM HERE .

8 Be careful what you say to her. She's really DRAG ITEM HERE and can't take criticism at all.

9 She smiled as she watched her DRAG ITEM HERE daughter doing cartwheels across the grass.

10 This business is stuck in the past. They need a more DRAG ITEM HERE approach.

11 Why won't you at least try the food? You're so DRAG ITEM HERE ! You might actually love it.

12 He never seems to worry about anything – he's so DRAG ITEM HERE .

LIVEWORKSHEETS