

## Food miles

Recent years have seen not only an increased interest \_\_\_\_\_ freshness of what we eat but \_\_\_\_\_ where the food was actually grown. This is because ecologists have pointed out that the distance the food \_\_\_\_\_ travelled to arrive in the supermarket or greengrocer has an important influence \_\_\_\_\_ the environment. The term 'food miles' was invented as a way \_\_\_\_\_ measuring \_\_\_\_\_ distance a food has \_\_\_\_\_ transported until it reaches the dining table. For example, a shopper in London may \_\_\_\_\_ prepared to pay a relatively high price \_\_\_\_\_ Japanese prawns that have been caught and flown over \_\_\_\_\_ the same morning. However, this badly damages the environment \_\_\_\_\_ the plane and the lorry \_\_\_\_\_ have delivered the prawns have polluted the environment. Research that has been carried out \_\_\_\_\_ environmental groups has found that the environmental cost of food is more \_\_\_\_\_ 15 million euros a year. \_\_\_\_\_ food miles make up only one part \_\_\_\_\_ the total cost of food production, they should be taken \_\_\_\_\_ consideration in any discussion on the future of the world \_\_\_\_\_ which we live.



**Food Miles**  
How well travelled is your dinner?



