

[Reading]

Read the text and answer the questions



Hi Mike,

I've had a bad week. Poor Mum is ill. She's got the flu and she feels terrible. She had a temperature again today. She coughs all night and she's got a sore throat. I make her hot tea and orange juice so she can get well soon. Dad is feeling bad too. He hasn't got the flu, but he ate too much yesterday and now he's got a stomachache. And that's not all. My brother Jon has broken his arm. He was skateboarding with his friends when it happened. I'm sure he was doing something silly! So Mum is in bed, Dad is lying on the sofa in the living room and Jon is looking for painkillers. It's seven o'clock now and I have to make dinner for me and Jon. Mum and Dad are too ill to cook. I've made some mint tea for Dad because he shouldn't eat anything today. Mum's had some tomato soup and toast. I've boiled some spaghetti and I've made tomato sauce for me and Jon. And after dinner I'm going to bed. I've got a headache!

Bye for now.

Marion



0 What's wrong with Marion's mum?

She's got the flu.

1 What does she do at night?

2. How did Marion's dad get sick?

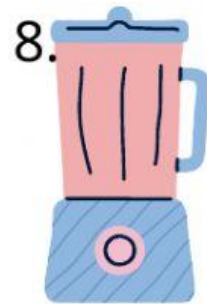
3. What has happened to John?

4. Where is Marion's mum now?

5. What has Marion made for her dad?



1. Drag and drop the names of the items



blender hairdryer DVD player
smart TV remote control
games console toaster USB stick
printer microwave oven

2. Complete the poster with the correct word.

HAVE YOU GOT THE FLU?

Check:

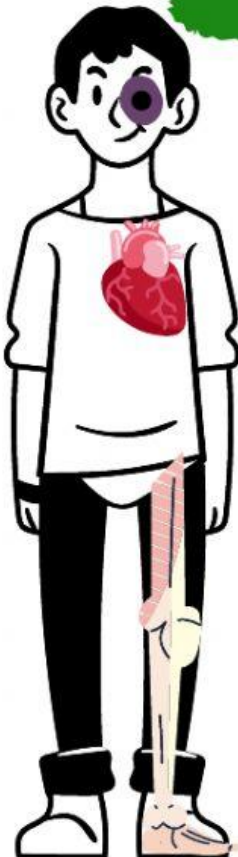
- Have you got a high 1. _____ and a 2. _____?
- Do you 3. _____ and 4. _____ a lot?
- Have you got a 5. _____ throat?
- Have you got a 6. _____ nose or blocked nose?

What to do: Rest and visit your doctor!



runny, sore, temperature,
headache, sneeze, cough

3. Match the words to the pictures



heart

brain

muscles

bruise

broken

bones



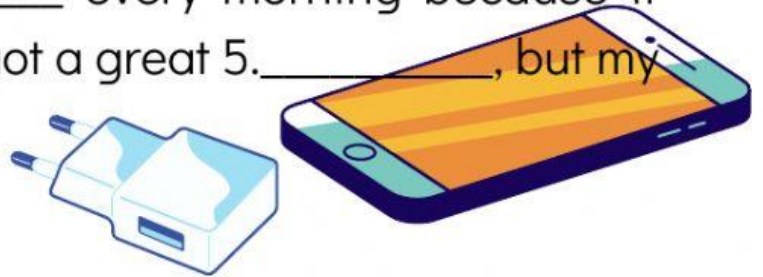
4. Read the text and fill in with the correct word.



battery, on, portable, ringtone, touch screen

I can't live without my smartphone. It's my favourite thing. I only turn it off when I go to bed and I turn it 1._____ in the morning.

I always have it with me. I take my 2._____ charger too because my 3._____ is old and it doesn't last long. I clean the 4._____ every morning because it gets dirty. My phone has got a great 5._____, but my Mom says it's too loud!



5. Match 1-5 with a-e

1. What's the matter?
2. I've got a bad headache.
3. You should go to bed.
4. I've got a toothache.
5. I've got a cut on my finger.

- a. I have a earache.
- b. I think you should see the dentist.
- c. Put a laster on it.
- d. That's a good idea.
- e. Why don't you lie down?



6. Fill in the blanks with the correct words.

A: You look worried. What's 1._____?

B: My cat is sick.

A: Oh no! That's 2._____!

A: You look 3._____.

B: I got a bad mark in my History test.

A: That's a 4._____!

A: 5._____ happened?

B: I can't find my dog.

A: Oh, no!

shame
terrible
upset
what
wrong

7. Write 70-80 words giving advice about how to keep healthy. Use questions 1-6 to help you.

1 How important is good health?

2 What should you eat and drink?

3 What shouldn't you eat and drink?

4 Why do you have to exercise?

5 What kind of exercise can you do?

6 How much should you sleep?

