

HW --: Dictation Exercise

Directions: Push play on the audio and then type the missing words in the boxes. You can listen to the audio a total of 3 times. After 3 times, scroll down to the bottom of the page and click ‘Finish’, then click ‘Check my Answers’. Then, take a screenshot of each page of your results and paste them in the homework file.

If you know someone who is _____ shopping, you might call them a _____." It's sometimes used in a _____ way in _____ contexts to describe someone who really likes to buy things _____. But, for some people, shopping is more than just fun — it feels like an _____ they cannot control. The technical _____ for this problem is called oniomania; _____, shopping addiction. People who suffer from oniomania have a strong, _____ need to buy things. _____ shoppers may spend money they don't have, using credit cards or _____ to buy things they don't really need. Like other addictions, shopping addiction does not have one clear _____, but _____ say it happens because of a _____ of biological and _____ factors.

_____, about 10 to 15 percent of people _____ more strongly to _____ in the _____ that make us feel good, such as dopamine and endorphins, and they can become _____.

_____ these feelings. Buying things makes the brain _____ these chemicals, which can create a strong _____ to shop again. And while _____ shows oniomania happens more often in young _____, it can _____ anyone. The _____ of online shopping may have _____ things. _____ shopping has _____ in the last 10 years, and _____ sites, such as Amazon, offer _____ choices which can allow people to spend more than they should.

Lucy, a 37-year-old _____ from the UK who _____ oniomania, said that she sometimes shopped for _____ for as long as 14 hours a day. She _____ so much that she couldn't _____ her _____, and her clothes _____ a whole room. "It was the first thing _____ when I woke up," she told BBC News. _____ its impact on people's _____, there is still very little research on oniomania. "The research and _____ of oniomania is just not there in the same way as _____ to _____," Lucy said.