

SICKNESS, SYMPTOMS, AND MEDICINE

1. Listening

- Listen and choose the correct answer: a, b, c or d.
- **1. What is the main reason Rick thinks his back hurts?**
 - a) He had a recent accident.
 - b) He doesn't get enough sleep.
 - c) He has to stand for long periods at work.
 - d) He sits in a chair all day at work.
- **2. According to the chiropractor, what has Rick been doing that makes his back feel worse?**
 - a) Sitting for 90 minutes at a time.
 - b) Not using a yoga mat.
 - c) Lying down to rest it.
 - d) Going for short walks.
- **3. What two pieces of advice does the chiropractor give Rick for his back pain?**
 - a) Get more sleep and take medication.
 - b) Use a standing desk and do specific exercises.
 - c) Get a massage and see a specialist.
 - d) Stop working and lie down more often.
- **4. What does Rick mistakenly believe the chiropractor will provide?**
 - a) A new chair for his office.
 - b) A massage or prescription medication.
 - c) A referral to his General Practitioner (GP).
 - d) A free yoga mat.
- **5. How does Rick feel about the chiropractor's final suggestion?**
 - a) He refuses to take the advice.
 - b) He seems a little frustrated by the process.
 - c) He is confused about what a referral is.
 - d) He is excited and grateful.