

We post a picture, press "like" and "share,"  
Our friends can see it from everywhere.  
The screen is shining, the world feels near,  
But real voices are nicer to hear.

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Scrolling all day, we laugh and we smile,  
Funny short videos last for a while.  
Yet outside the sun is warm and bright,  
Let's not forget the real world's light.

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So use the networks in a smart way,  
A little online, then go out and play.  
Friends in real life are gold to keep,  
Memories there are strong and deep.

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