

DAILY ROUTINES

1

Complete the phrases with the verbs in the box.

brush check clean get have leave
prepare put tidy wake

1. _____ your teeth
2. _____ your room
3. _____ the house
4. _____ up
5. _____ breakfast
6. _____ your messages
7. _____ dressed
8. _____ your school bag
9. _____ on your shoes
10. _____ your hair



2

Complete the text with the correct form of phrases in Exercise 1. One is extra.

Hello! My name is Jack, and this is my morning routine. My day starts when I (1) _____ at 7 o'clock. My alarm clock is very loud! The first thing I do is go to the bathroom. I (2) _____ to make them white and shiny. After that, I also (3) _____ so it looks neat. Next, I go to my room. I (4) _____ in my favorite clothes for the day. Before I go to school, I always (5) _____. It helps me find things easily later. Then I go to the kitchen to (6) _____. My mum usually makes my favorite cereal with milk. While I eat, I quickly (7) _____ on my phone to see if my friends are online.

After breakfast, I (8) _____. I check if I have everything I need inside. When I am ready, I say goodbye to my family and (9) _____ at about 8:30 a.m.