

| Title of Activity | Proposed Time Frame For Middle School (U-15) | |
|---|---|------------------------------------|
| | Qualifying Round in 8 Zones in All Regions (Centre, North, South) | Final Round of 8 Zone Winner Teams |
| Intraregional U – 15 Boys Futsal Tournament | Coordinate and complete in the 2 nd and 3 rd week of September 2025 | Fourth week of September 2025 |
| Intraregional U – 15 Girls Futsal Tournament | Coordinate and complete in the 2 nd and 3 rd week of September 2025 | Fourth week of September 2025 |
| Intraregional U – 15 Boys Basketball Tournament | Coordinate and complete in the 2 nd and 3 rd week of September 2025 | Fourth week of September 2025 |

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| Intraregional U – 15 Girls Basketball Tournament | Coordinate and complete in the 2 nd and 3 rd week of September 2025 | Fourth week of September 2025 |
| Intraregional U – 15 Boys & Girls Badminton Competition | N/A | First Week of October 2025 |
| Intraregional U - 15 Boys & Girls Swimming Competition | N/A | First Week of October 2025 |
| Intraregional U – 15 Boys & Girls Athletics Competition | N/A | First Week of October 2025 |
| Intraregional U – 15 Boys & Girls Chess Competition | N/A | First Week of October 2025 |
| Interregional U - 15 Boys & Girls Sports Carnival 2025 (Futsal, Basketball, Athletics, Swimming, Badminton and Chess) | | Third Week of October 2025 |

| Title of Activity | Proposed Time Frame For Secondary & A-Level | |
|--|---|------------------------------------|
| | Qualifying Round in 8 Zones in All Regions (Centre, North, South) | Final Round of 8 Zone Winner Teams |
| Intraregional Secondary Girls T-10 Cricket Tournament | Coordinate and complete in the 2 nd & 3 rd week of September 2025 | First week of October 2025 |
| Intraregional Secondary Boys T-20 Cricket Tournament | Coordinate and complete in the 1 st week of October 2025 | Second week of October 2025 |
| Intraregional Secondary Girls Table Tennis Tournament | Coordinate and complete in the 1 st & 2 nd week of October 2025 | Third week of October 2025 |
| Intraregional A-Level Boys Cricket Tournament | Coordinate and complete in the 2 nd & 3 rd week of October 2025 | Fourth week of October 2025 |
| Intraregional Secondary Boys Football Tournament | Coordinate and complete in the 1 st week of November 2025 | Second week of November 2025 |
| Intraregional A-Level Boys Football Tournament | Coordinate and complete in the 1 st & 2 nd week of November 2025 | Third week of November 2025 |
| Interregional Secondary Girls T-10 Cricket Tournament | | Third week of November 2025 |
| Intraregional A-Level Girls Table Tennis Tournament Intra | Coordinate and complete in the 2 nd & 3 rd week of January 2026 | Fourth week of January 2026 |
| Intraregional Secondary Boys Basketball Tournament | Coordinate and complete in the 2 nd & 3 rd week of January 2026 | Fourth week of January 2026 |
| Intraregional Secondary Girls Basketball Tennis Tournament | Coordinate and complete in the 3 rd & 4 th week of January 2026 | Second week of February 2026 |
| Intraregional A-Level Boys Basketball Tournament | Coordinate and complete in the 3 rd & 4 th week of January 2026 | Second week of February 2026 |
| Interregional A-Level Boys Basketball Tournament | | Fourth week of March 2026 |