

Past tense : Simple and progressive

Worksheet One

Multiple Choice Questions: Past Simple & Past Progressive

1. Which sentence is in the past simple tense?

- a) She was reading a book.
- b) She reads a book.
- c) She read a book yesterday.
- d) She is reading a book.

2. Which sentence is in the past progressive tense?

- a) They played football yesterday.
- b) They are playing football now.
- c) They were playing football when it rained.
- d) They play football every day.

3. What is the correct past simple form of "go"?

- a) goed b) going c) went d) gone

4. Identify the correct past progressive sentence.

- a) She cooked dinner last night.
b) She cooks dinner every night.
c) She was cooking dinner when I called.
d) She is cooking dinner now.

5. Which sentence correctly uses the past simple?

- a) I was watch TV yesterday. b) I watched TV yesterday.
c) I watching TV yesterday. d) I was watched TV yesterday.

6. Past progressive is often used to show:

- a) A completed action in the past
b) A habit in the present
c) An ongoing action in the past interrupted by another action
d) A future plan

7. Which sentence shows past progressive correctly?

- a) He was run to school.
b) He ran to school yesterday.
c) He was running to school when I saw him.
d) He is running to school now.

8. Which is correct?

- a) They was playing football yesterday.
- b) They were playing football yesterday.
- c) They playing football yesterday.
- d) They play football yesterday.

9. Which sentence is past simple?

- a) We were eating lunch at 1 p.m. yesterday.
- b) We eat lunch at 1 p.m. every day.
- c) We ate lunch at 1 p.m. yesterday.
- d) We eating lunch at 1 p.m. yesterday.

10. Choose the correct past progressive sentence.

- a) The children play in the garden yesterday.
- b) The children were playing in the garden yesterday.
- c) The children playing in the garden yesterday.
- d) The children was play in the garden yesterday.

11. Which is the correct past simple negative form?

- a) He didn't went to school.
- b) He didn't go to school.
- c) He wasn't go to school.
- d) He no went to school.

12. Which sentence uses past progressive correctly?

- a) She wasn't watch TV when I arrived.

- b) She wasn't watching TV when I arrived.
- c) She didn't watching TV when I arrived.
- d) She didn't watched TV when I arrived.

13. Which is correct?

- a) I was sleep when the phone rang.
- b) I slept when the phone rang.
- c) I was sleeping when the phone rang.
- d) I sleep when the phone rang.

14. Which sentence is in the past simple?

- a) They were studying all night.
- b) They studied all night.
- c) They are studying all night.
- d) They studies all night.

15. Which sentence shows two past actions, one interrupting the other?

- a) She was reading when the lights went out.
- b) She reads when the lights go out.
- c) She read when the lights goes out.
- d) She is reading when the lights went out.

16. Which is correct in past progressive?

- a) I was drive to work when I saw him.
- b) I was driving to work when I saw him.
- c) I drive to work when I saw him.
- d) I drove to work when I was see him.

17. Past simple is often used for:

- a) Completed actions in the past
- b) Continuous actions in the present
- c) Future predictions
- d) Describing habits in the future

18. Choose the correct past simple sentence.

- a) She bought a new phone yesterday.
- b) She buys a new phone yesterday.
- c) She bought a new phone yesterday.
- d) She buying a new phone yesterday.

19. Which is correct in past progressive negative form?

- a) We weren't working at 5 p.m. yesterday.
- b) We not working at 5 p.m. yesterday.
- c) We wasn't working at 5 p.m. yesterday.
- d) We didn't working at 5 p.m. yesterday.

20. Which sentence correctly combines past simple and past progressive?

- a) While I cooked, the guests arrived.
- b) While I was cooking, the guests arrived.
- c) While I cook, the guests were arriving.
- d) While I was cook, the guests arrived.